

HEALTH AND WELLBEING BOARD SUPPLEMENTARY AGENDA

Date: THURSDAY, 1 MARCH 2018 at 2.00 pm

Committee Room 1 Civic Suite Lewisham Town Hall London SE6 4RU

Enquiries to: Stewart Weaver-Snellgrove Telephone: 020 8314 9308 (direct line)

MEMBERS

Sir Steve Bullock Councillor Chris Best

Aileen Buckton

Val Davison Gwen Kennedy Tony Nickson Roger Paffard

Dr Simon Parton Peter Ramrayka Marc Rowland Dr Danny Ruta Brendan Sarsfield London Borough of Lewisham Community Services, London Borough of Lewisham Directorate for Community Services, London Borough of Lewisham Lewisham and Greenwich NHS Trust NHS England Voluntary Action Lewisham South London and Maudsley NHS Foundation Trust Lewisham Local Medical Committee Voluntary and Community Sector Lewisham Clinical Commissioning Group Public Health, London Borough of Lewisham Family Mosaic



The public are welcome to attend our committee meetings, however occasionally committees may have to consider some business in private. Copies of reports can be made available in additional formats on request.

Folake Segun Sara Williams Healthwatch Bromley and Lewisham Directorate for Children & Young People, London Borough of Lewisham

Members are summoned to attend this meeting

Janet Senior Acting Chief Executive Lewisham Town Hall Catford London SE6 4RU Date: Wednesday, 21 February 2018





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ORDER OF BUSINESS – PART 1 AGENDA

Item No		Page No.s
5.	Pharmaceutical Needs Assessment	1 - 163





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HEALTH AND WELLBEING BOARD					
Report Title	Title Lewisham Pharmaceutical Needs Assessment 2018				
Contributors	Director of Publi of Lewisham	Item No.	5		
Class	Part 1 Date: 01.03.18				
Strategic Context	The Health and Wellbeing Board has a statutory responsibility to produce a Pharmaceutical Needs Assessment (PNA).				

1. Purpose

- 1.1 The purpose of this report is for the Health and Wellbeing Board to agree the revised Lewisham Pharmaceutical Needs Assessment (PNA).
- 1.2 <u>Reasons stated for lateness</u>: This item was not dispatched with the main agenda because the final date for responses to the statutory 60 day consultation was not until the 20 February.
- 1.3 <u>Reasons for urgency</u>: The Health and Wellbeing Board is required to sign off the PNA. It must be revised every three years and is due to be published by the 1st April 2018 or the council would face a substantial fine. As the board is not meeting again before the 1st April, it is necessary to come to the March 2018 meeting.

2. Recommendation/s

2.1 The board is recommended to approve the revised PNA.

3. Policy Context

3.1 Every Health and Wellbeing Board (HWB) in England has a statutory responsibility to publish a statement of the needs for pharmaceutical services of the population in its area (known as the PNA) and update it at least every three years, from 2015 onwards. The previous assessment was published on the 1st April 2015.

4. Background

4.1 PNAs are used by NHS England to make decisions on which funded services need to be provided by local community pharmacies. These services are part of local health care and public health and affect NHS budgets. PNAs are also relevant when deciding if new pharmacies are needed, in response to applications by businesses, including independent owners and large pharmacy companies. If there is a

notable change in the population or an area that warrants a review of pharmaceutical services then a PNA supplementary statement must be produced by the Health and Wellbeing Board. Such statements are now particularly relevant as the pharmacy landscape is changing rapidly.

- 4.2 A statutory 60 day consultation period was concluded on 20th February 2018 on the revised Lewisham PNA. The comments arising from this consultation have been addressed in the final report.
- 4.3 This PNA follows previous assessments published in 2005, 2011 and 2015.

5. The PNA

5.1.1 The document provides an assessment of the need for pharmaceutical services within Lewisham; as well as outlining the current provision of such services and considering what may be required in the future. The decision was made to present the document as slides rather than a dense text document to make it more accessible.

5.2 Pharmacies in Lewisham

- 5.2.1 Currently Lewisham has 55 pharmacies and 1 Dispensing Appliance Contractor (DAC), distributed across the four neighbourhoods.
- 5.2.2 Pharmacies provide a range of services, including three core levels of services categorised as Essential, Advanced and Enhanced. The Advanced are commissioned by either Lewisham Council or the CCG and Enhanced services by NHS England. As a minimum all community pharmacies are required to provide Essential Services which include dispensing, signposting and promotion of healthy lifestyles.

5.3 Production of the PNA

5.3.1 The process began with information and data gathering, (including mapping of services). This was followed by a consultation with both service users and pharmacy providers to seek their views on how community pharmacies were performing in Lewisham. A multi-agency steering group was also established to inform the content, with representation from the CCG; Local Pharmaceutical Committee (LPC), Local Medical Committee (LMC), Lewisham and Greenwich Trust (LGT) and Public Health. A draft was then produced, subject to a further 60 day statutory consultation, informing the final document.

6. Financial implications

6.1 There are no specific financial implications at this stage. If further discussions take place on commissioning services in the future the financial implications will be considered at that point.

7. Legal implications

7.1 The requirements to produce a PNA are set out above.

8. Crime and Disorder Implications

8.1 There are no Crime and Disorder implications from this report.

9. Equalities Implications

9.1 The services provided by community pharmacies help to address health inequalities. Equitable access is necessary to ensure the reduction of inequalities.

10. Environmental Implications

10.1 There are no Environmental implications from this report.

11. Conclusion

11.1 As described above the publication of a PNA is a statutory responsibility for the London Borough of Lewisham by 1st April 2018. The revised PNA will meet this responsibility and further inform priorities for the future.

If you have any difficulty in opening the links above or those within the body of the report, please contact Stewart Snellgrove (<u>Stewart.Snellgrove@lewisham.gov.uk</u>; 020 8314 9308), who will assist.

If there are any queries on this report please contact Dr Danny Ruta, Director of Public Health, Lewisham Council, on 0208 314 9094, or by email at: <u>danny.ruty@lewisham.gov.uk</u>



Lewisham Pharmaceutical Needs Assessment 2018

- Executive Summary
- What is a PNA?
- How the assessment was carried out
- Lewisham The Place
- Lewisham Health
- Lewisham Health and Care Partners
- Pharmacies in Lewisham
- Map of Lewisham Pharmacies
- Pharmacies Open after 7pm on Weekdays
- Pharmacies Open on Sunday
- Pharmacy: A Way Forward for Public Health
- <u>NHS Five Year Forward View</u>
- Healthy Living Pharmacies
- Pharmacists in GP Practices
- <u>Consultation</u>
- Future Provision of Pharmacy Services in Lewisham

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- This document provides an assessment of the need for pharmaceutical services within Lewisham; as well as outlining the current provision of such services and considering what may be required in the future
- Currently Lewisham has 55 pharmacies and 1
- Dispensing Appliance Contractor (DAC)
 Lewisham is a fast growing diverse borg
- Lewisham is a fast growing diverse borough in the south east of London
- It has particular health needs including high levels of obesity and disparity in life expectancy

Executive Summary - Current Scenario



- Lewisham's HWB considers pharmacies have a crucial role to play in Lewisham Neighbourhood Care Networks and the development of Integrated Health and Social Care
- The board also supports Public Health England (<u>Pharmacy: A Way Forward for Public Health</u>)
 and NHS England (Five Year Forward Plan)
- which both recognise the key role pharmacy has in supporting healthy living, support to self care as part of integrating local care models
- Remain committed to the Healthy Living Pharmacy initiative

Executive Summary - Future Directions



Essential Services

Minimum requirement of all Community Pharmacies

- Dispensing
- Repeat dispensing
- Disposal of unwanted medicines
- Promotion of healthy lifestyles
- Signposting
- Support for self-care

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- Lewisham has 55 community pharmacies, two less than in 2015
- There is one Dispensing Appliance Contractor
- 6 pharmacists based in GP Surgeries
- No distance selling pharmacies
- 54 pharmacies (98%) have the standard 40 hours contract
- There is variation in provision of pharmacies between electoral wards
- The vast majority (98%) are open on a Saturday for at least part of the day
- 10 pharmacies are open on a Sunday for at least part of the day

- The pharmacy to population ratio varies across the borough.
- Although there are 10 pharmacies open past 7pm on Weekdays, there is a cluster in the New Cross area, meaning the far south west of the borough, namely Crofton Park Forest Hill, Perry Vale and Sydenham wards do not have a late night pharmacy
- Sunday opening is also more concentrated at the north of the borough

- Work towards equity of distribution of pharmacy services which are open on Sunday and weekday evenings
- The majority of the population growth is anticipated in the north of the borough. Liaise with relevant pharmacies to understand if greater demand on services can be met

Executive Summary - Essential Services



Services	Current Service Level	Gaps Identified	Potential Improvements 2018-2021			
Advanced Services Services that pharmac	Advanced Services Services that pharmacists can choose to provide in addition to essential services					
Medicine Use Review	The vast majority (89%) of pharmacies provide this service. 16,808 were carried out by pharmacies in 2016- 17, however there was great variation in the number carried out by individual pharmacies	This service is unevenly used across the borough	Encourage those pharmacies who offer the service but have low uptake/use to expand.			
New Medicine Service	The vast majority (89%) of pharmacies provide this service, conducting 4,834 in 2016-17	12 of the pharmacies who stated they provide this service did not undertake any in 2016-17.	Encourage higher uptake from pharmacists that provide this service.			
Appliance Reviews	Available in 8 pharmacies, each Neighbourhood has at least one provider, however there is a bias to the north of the borough. Neighbourhoods 3 and 4 only have one pharmacy offering the service.	The south of the borough has less access to this service than the north.	5 more pharmacies are interested in providing this service, this allow further provision of the service.			

Executive Summary - Advanced Services



Services	Current Service Level	Gaps Identified	Potential Improvements 2018-2021			
Advanced Services Services that pharmaci	Advanced Services Services that pharmacists can choose to provide in addition to essential services					
Seasonal Flu Vaccine	The majority (83%) of pharmacies provide this service. In 2016-17 pharmacists administered 5,189 vaccines. However overall seasonal influenza vaccine uptake falls below the national target of 75%.	This service provides adequate coverage	Better promotion of this service being so widely available in Lewisham pharmacies may boost Lewisham's overall flu vaccine uptake.			
Storna Appliance Customisation	Ten pharmacies provide this service	Only one provider is located in neighbourhood 2	A further five pharmacies have expressed interest in providing this service, which would allow expanded provision. However this is a specialised service.			
NHS Urgent Medicine Supply Advanced Service	27 pharmacies, located across the borough provide this service	This service provides adequate coverage	An additional 12 pharmacies have expressed interest in providing this service, which would allow further provision.			

Executive Summary - Advanced Services



Services	Current Service Level	Gaps Identified	Potential Improvements 2018-2021		
Advanced Services - Locally commissioned by Lewisham Council					
NHS Health Checks	16 pharmacies providing. The overall uptake of NHS Health Checks was 38.6% in 2016-17, (7,766 completed). 21% of Health Checks were undertaken at a pharmacy (1,610). The service is also undertaken by GPs (72%) and Community Outreach (7%)	Only two of the pharmacies are located in neighbourhood 4.	Consider how pharmacies could help improve the overall uptake of Health Checks in Lewisham and relieve pressure on GP Practices		
Emergency Hormonal Contraception	Offered in 18 pharmacies. Heavy bias towards the pharmacy in New Cross which is co-located with a sexual health clinic	None	Through the contractor consultation a large number of pharmacies expressed an interest in providing this service		
Supervised Consumption of Methadone	28 pharmacies offer this service across the borough. Highest concentration of usage in Rushey Green, New Cross & Lewisham Central	Use of the service varies across providers	Commissioners to review if the use of the service matches where there is known need		
Needle Exchange	8 pharmacies provide this service. There is some but not extensive variation of use between pharmacies	Only one of the eight pharmacies is in Neighbourhood 2. This pharmacy had the highest use of all eight pharmacies.	Undertake research to understand if expansion into a 2nd pharmacy in Neighbourhood 2 would be viable.		
Vitamin D Distribution	48 pharmacies provide this service across the borough. Use of the service varies.	The highest distributing pharmacy (located in neighbourhood 1), distributes more than double the quantity than the second highest. Some pharmacies are only distributing very low amounts.	Shared learning from high using pharmacies about how they are promoting the service to encourage wider uptake of Vitamin D borough wide		

Executive Summary - Advanced Services (Commissioned by Lewisham Council)



Services	Current Service Level	Gaps Identified	Potential Improvements 2018-2021		
Advanced Services - Locally Commissioned by Lewisham Clinical Commissioning Group					
Pharmacy First	Provided by 50	No gaps identified	-		
(Minor Ailments)	pharmacies				
Monitored Dosage	Provided by all 55 pharmacies	No gaps identified	-		

Executive Summary - Advanced Services (Commissioned by Lewisham Clinical Commissioning Group)

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- The PNA is an assessment of current and future pharmaceutical need
- It is developed through consultation with the population and with those who provide services
- Each Health & Wellbeing Board (HWB) in England is responsible for producing a PNA every three years
- It supports decisions on applications to open a new
- Page 13 pharmacy or to adjust the opening hours of an
 - existing pharmacy
- It also informs local plans for the commissioning of specific and specialised pharmaceutical services
- For more information please see Appendix A

What is a PNA



The below process was followed to produce this PNA:

- Information and data gathering
- Mapping of pharmaceutical services
- Consultation with the public and service

 ^w/_a providers
- ▲ Multi-agency steering group of relevant stakeholders and partners
- Statutory 60 day consultation on the draft report

How the assessment was carried out





Lewisham - Place, Health and Strategy

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Lewisham is a fast growing, diverse inner London borough

- Resident Population of 306,000
- GP Patient Register of 324,000
- 13th largest London borough
- Population estimated to continue to increase by 4,000-5,000 residents per year
- $\mathbf{w}^{\mathbf{w}}$ Younger than average population
- ன் 14th most ethnically diverse area of England
- Over 160 languages spoken
- 48th most deprived local authority in England
- 15,700 children live in low income families





Key health issues in Lewisham include:

- High smoking rate
- High levels of obesity
- Higher rates of serious mental illness
- Low cancer screening uptake
 Lower than average uptake of certain vaccines
- Disparity in life expectancy between the most and least deprived areas of the borough

Lewisham - Health (for more detailed information please refer to Appendix C)



- The Lewisham Health and Wellbeing Strategy was produced in 2013, jointly between the council and the Clinical Commissioning Group
- The strategy outlines the key health and wellbeing challenges Lewisham faces, as well as the assets, skills and services that are available locally to support people to stay healthy and be happier
- Nine priorities were identified
- The strategy was then refreshed in 2015

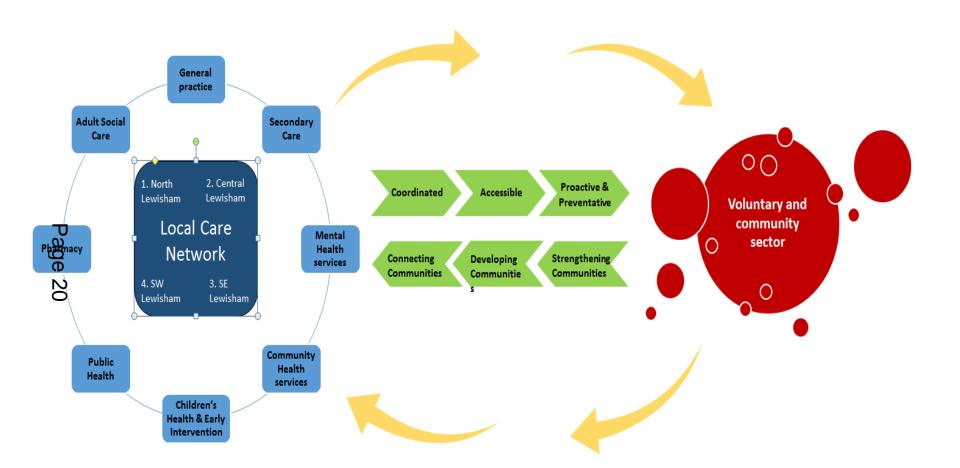
Striving to Improve Health and Wellbeing in Lewisham



- Lewisham Health and Care Partners (LHCP) are Lewisham Council, Lewisham Clinical Commissioning Group, Lewisham and Greenwich NHS Trust, South London and Maudsley NHS Foundation Trust and One Health Lewisham (GP Federation)
- LHCP are working to deliver a sustainable health and care system that will better support people:
 - to maintain and improve their physical and mental wellbeing
 - to live independent and fulfilled lives
 - $\frac{1}{2}$ to access high quality care when needed
- Lewisham's Neighbourhood Care Networks bring together local care networks (delivered by LHCP) and the networks of voluntary and community sector organisations within the same model
- Pharmacies have a crucial role to play in this

Lewisham Health and Care Partners





Neighbourhood Care Networks -

The development of Neighbourhood Care Networks is a key strand of the work taking place to build a viable and sustainable health and care system for Lewisham





Pharmacies in Lewisham

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- The borough is home to 55 Pharmacies plus 1 Dispensing Appliance Contractor (DAC)
- This equates to 18.3 pharmacies per 100,000 population, which is similar to neighbouring boroughs and slightly above the national average of 18 per 100,000 population
- 3 pharmacies are open for 100 hours a week
- 6 Pharmacists working within GP Practices, providing clinical advice and support, with more planned. This role will be reviewed and developed for future needs
- 5 pharmacies are co located with GP Practices
- Three core levels of services are offered: Essential and commissioned Advanced and Enhanced
- There is a further tier of 'Other Services' which are specifically commissioned

At a Glance: Pharmacies in Lewisham



As a minimum all community pharmacies are required to provide Essential Services:

- dispensing
- repeat dispensing
- disposal of unwanted medicines
- promotion of healthy lifestyles
- signposting

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- support for self-care

Essential Services



Advanced Services are services that pharmacists can choose to provide in addition to Essential Services and include:

- medicines-use reviews and prescription intervention service
- new medicine service
- appliance-use review service
- \mathbb{P} stoma appliance customization service
 - seasonal flu vaccination service
 - NHS Urgent Medicine Supply Advanced Service





Advanced Services can also be those services commissioned, developed and negotiated locally based on the needs of the local population. Advanced services commissioned by Lewisham Clinical Commissioning Group (CCG) are:

- Monitored Dosage System • Page 25
 - Minor Ailments (Pharmacy First)

CCG Commissioned Advanced Services



Lewisham Council commissions pharmacies to provide the additional advanced services:

- Free Vitamin D to Pregnant and Breastfeeding Women, and children under four
- Needle Exchange
- Substance Misuse Service
- Sexual Health Service
- NHS Health Checks

Lewisham Council Commissioned Advanced Services



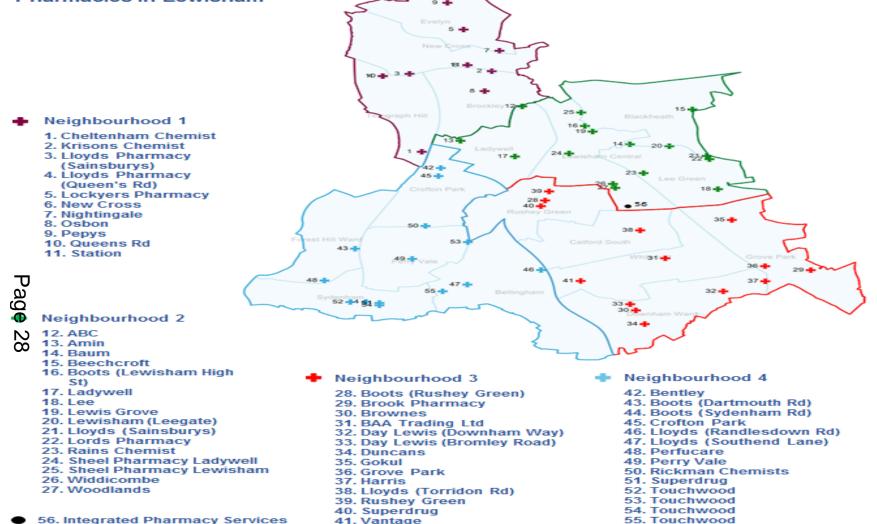
- The Lewisham Integrated Medicines Optimisation Service (LIMOS) is provided by Lewisham and Greenwich NHS Trust. It operates outside of community pharmacy but is closely linked
- The service adopts a joined up approach which enables medication support needs for housebound patients to be assessed and onward referrals to community pharmacy as they are key to ongoing provision of medicines support needs once patients have been reviewed
- The service integrates across primary and secondary care and also health and social care
- Support is provided for those unable to access community pharmacy in the usual way to undertake either Medicine Use Reviews or New Medicine Service
- N Transfer of care: In 2018 a support pathway will start, allowing electronic referral of patients who require ongoing medicines support to community pharmacy following discharge from hospital
- There is also an Anticoagulation Service this is a privately run service by six
 pharmacies

Other Commissioned Services



Pharmacies in Lewisham

(DAC)



Map of Pharmacies - the 55 pharmacies are distributed across the four neighbourhoods



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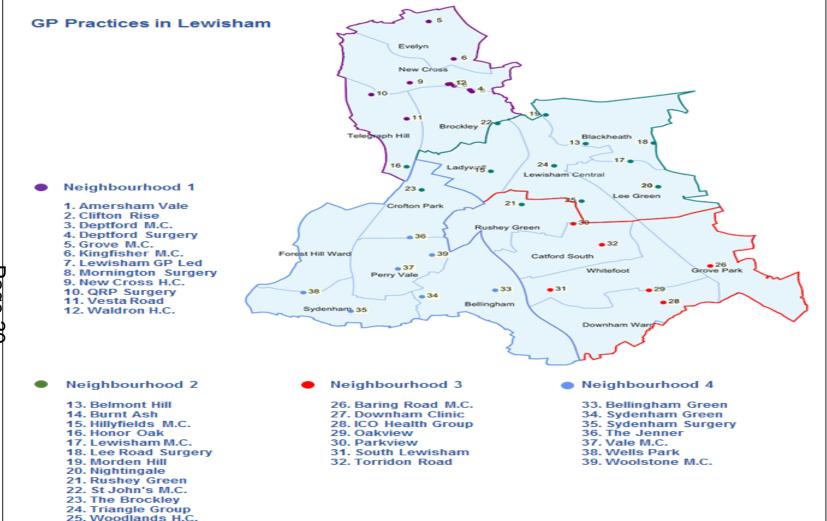
Lewisham is comprised of 18 Electoral Wards, which have been grouped for the provision of health services into four neighbourhoods

Neighbourhood	Ward	Pharmacies/ ward	Ratio per 10,000 population	Pharmacies/ neighbourhood
	Brockley	1	0.5	
1	Evelyn	3	1.6	11
	New Cross	4	2.3	11
	Telegraph Hill	3	1.7	
	Blackheath	1	0.7	
2	Ladywell	3	2.0	16
2	Lee Green	6	3.7	10
	Lewisham Central	6	2.9	
	Catford South	2	1.2	
	Downham	5	3.1	
3	Grove Park	3	1.9	14
	Rushey Green	2	1.5	
	Whitefoot	2	1.3	
	Bellingham	3	1.9	
	Crofton Park	3	1.9	
4	Forest Hill	2	1.2	13
	Perry Vale	1	0.7	
	Sydenham	4	2.3	

Distribution of Pharmacies - There is a slight bias of pharmacies to the East of the borough



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GP Practices in Lewisham - Forest Hill Ward is the only ward which does not have a GP Practice

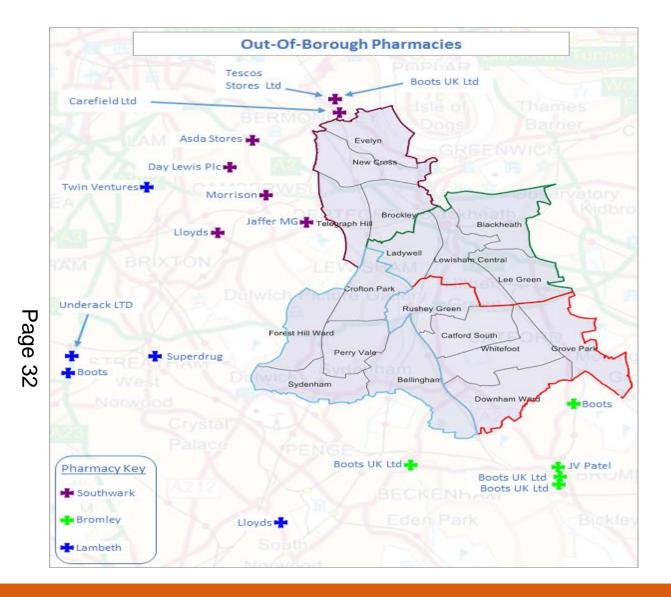


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- In 2016-2017 a total of 3,593,880 prescriptions originated from • Lewisham primary care
- Of these 3,593,880 prescriptions 3,065,672 (85%) were dispensed by pharmacies within the borough
- Around 70,920 (2%) of the prescriptions were for items, mainly ulletinjections which were supplied and administered by a practitioner
- The remaining 457,288 (13%) items were dispensed from Rage 31.
 - pharmacies outside the borough
 - In total these items were dispensed in 3,149 pharmacies
- Almost half of the prescriptions dispensed outside of the borough occurred within 26 pharmacies/ DAC's in neighbouring boroughs

Prescription Dispensing for Lewisham Patients





The core external dispensing activity occurred in these 18 pharmacies located across neighbouring boroughs

Neighbouring Borough Dispensing



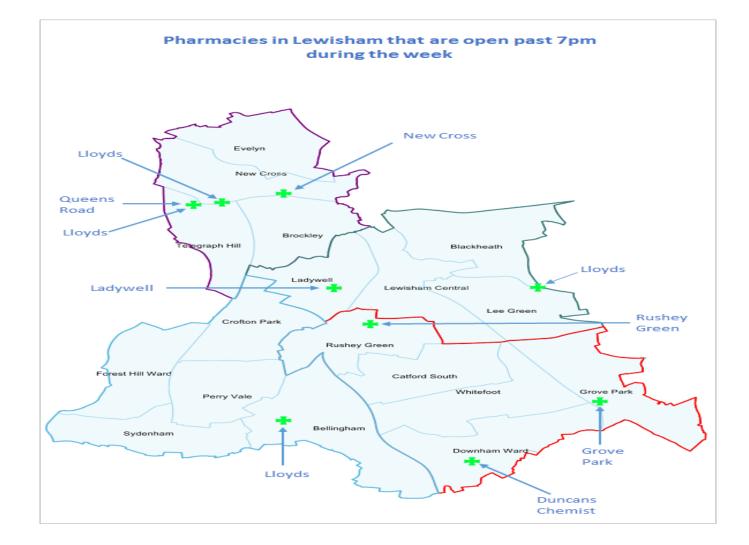
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- As <u>Slide 25</u> shows, the 55 pharmacies are distributed across the borough
- The public consultation indicated that access to pharmacies was good
- The '100 hour pharmacies' are located in Catford South, Lee Green and Telegraph Hill wards. There is not a pharmacy with this contract type in Neighbourhood 4
- 10 pharmacies are open past 7pm on week days. The majority of the ten are in the north of the borough
- 10 Pharmacies are currently open on Sundays. Again, the majority of the ten are in the north of the borough
- All pharmacies either currently have or are planning wheelchair access
- ⁶ Almost three quarters (73%) of respondents to the providers survey ⁶ stated that disabled parking is available near to their premises. This was deemed to be within 10 metres of the pharmacy
- Language There was some overlap between languages spoken by customers and those spoken by staff. However this is an area that could be improved. Ten pharmacies stated they needed access to an interpreter

Assessment of current provision - Access



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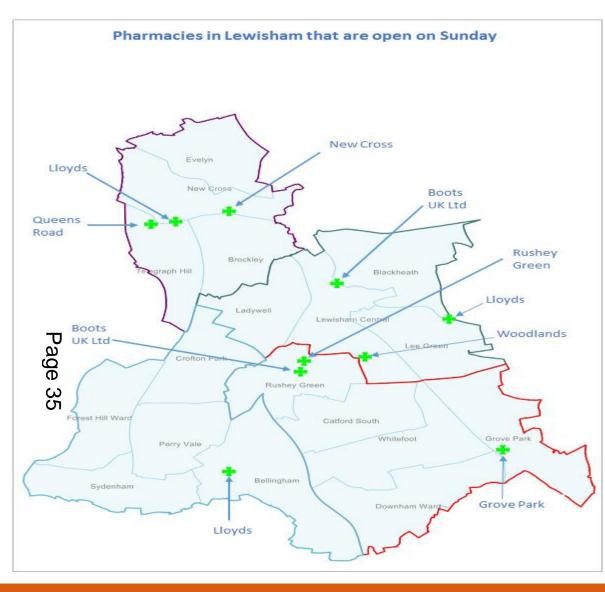


Pharmacies Open after 7pm on Weekdays



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The south east and far south west of the borough have less choice of a Lewisham pharmacy which is open on a Sunday

Bank holiday opening hours sit with NHS England who assess for each Bank Holiday and arrange cover where required

Pharmacies Open on Sunday



- The Providers survey found that the vast majority of pharmacies had private and fully accessible consultation areas. This is crucial for pharmacies to play a developing role in provision of health services
- Ten pharmacies have access to a hearing loop, and a further 16 plan to install this within the next 12 months
- The vast majority of pharmacies have access to NHS IT
- facilities such as the NHS Summary Care Record, which is an electronic patient record which provides a summary of patient data and NHS Mail, which allows the secure sharing of sensitive information

Assessment of Current Provision - Facilities



- The vast majority of pharmacies are providing the Advanced Services of Medicines Reviews Service and the New Medicines Service
- The public survey showed that almost a quarter of respondents used their pharmacist for vaccinations. The flu vaccine was also offered in over 80% of pharmacies, indicating good provision of this service
- Further services which respondents to the public consultation ∇_{ω}^{∇} mentioned they used were 'Managing a health condition' and ∇_{ω}^{Θ} 'NHS Health Checks'
- Encouragingly where services were not currently offered, there was an appetite to provide these in the future. This is crucial for pharmacies to play a developing role in the provision of health services, however is reliant on funding being available

Assessment of Current Provision - Services



Providers Survey

Q. Which Advanced Services does your pharmacy offer?

Name of Advanced Service	Number of Pharmacies Providing	Number of Pharmacies Willing or Planning to Provide
Medicines Use Reviews*	51	0
New Medicine Service	51	0
Appliance Review Service	8	5
Stoma Appliance Cestomisation Service	10	5
Fa Vaccine	47	2
NHS Urgent Medicine Supply Advanced Service	27	12

The majority of pharmacies are offering most Advanced Services, Appliance Service Reviews is a potential area for expansion

Advanced Services Provision

(Data relates to survey respondents) * Off site consultation for MURs can only be approved with NHS England permission



Providers Survey: Q. Which Advanced Services does your Pharmacy provide or would be willing to provide?

Name of Enhanced Service	Number of Pharmacies Providing	Number of Pharmacies Willing to Provide
Anti-viral distribution service	-	48
Emergency Contraception	26	26
Needle Exchange	10	27
Supervised Administration Service	35	11
NHS Health Checks	16	33
Free Vitamin D Scheme	42	8
Condom demonstration and supply (Voluntary Service - not commissioned)	6	43
Chlamydia and Gonorrhoea Screening	2	44
Progesterone Only Pill	11	38

Advanced Service Provision -Local Authority Commissioned



Providers Survey: Q. Which Advanced Services does your Pharmacy provide or would be willing to provide?

Name of Enhanced Service	Number of Pharmacies Providing	Number of Pharmacies Willing to Provide
Pharmacy First (Minor Ailment Scheme)	39	12
Monitored Dosage System	55	-
Lewisham Integrated Medicines Optimisation Service (LIMOS)	10	32
Community anticoagulation service*	6	34

37 Pharmacies are also providing the Enhanced Flu Vaccine Service commissioned by NHS England

*privately run

Advanced Service Provision -NHS Commissioned



The HWB has concluded that essential services are necessary to meet the pharmaceutical needs of our population for the following reasons:

- Dispensing is a fundamental service which ensures that patients can access prescribed medicines in a safe, reliable and timely manner
- Through supporting health promotion campaigns; and a proactive approach to delivering health promotion and sign posting advice, community pharmacy plays a valuable role in addressing the health needs and tackling the health inequalities of Lewisham's population

The HWB has concluded that the current level of provision is sufficient for supplying a necessary pharmaceutical service in the borough. \pm

Improvements to access could be made by increasing evening (post 7pm) and Sunday opening hours in the wards in the south of the borough which do not currently have a pharmacy open in either their own or a neighbouring ward (including wards of neighbouring boroughs).

Assessment of Necessary Services: current provision and gaps in provision



The following advanced services are classed as 'Other Relevant Services':

- Medicine Use Review service (MURs)
- New Medicine Service (NMS)
- National NHS England Flu Service
- NHS Urgent Medicines Supply Advanced Service

The majority of Lewisham pharmacies are providing MURs, MSs and The Flu Service, with almost half providing NHS Orgent Medicines Supply Advanced Service. The provision of these services is therefore adequate, however uptake needs to be encouraged in certain areas

For all additional services provided comments have been made in the executive summary

Assessment of Other Relevant Services



Pharmacy: A Way Forward for Public Health was published by Public Health England in September 2017. It acknowledges the pivotal role community pharmacists have as a community and health asset and identifies opportunities for action under the following areas:

- NHS Health Checks
- Blood Pressure & Atrial Fibrillation
- ¿Sexual & Reproductive Health & HIV
- 🖧 Diet & Obesity
- Smoking
- Physical Activity
- Dementia

- Falls
- Alcohol
- Substance Misuse
- Mental Health
- Health & Work
- Maternity & Early Years
- Oral Health

Pharmacy: A Way Forward for Public Health



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Key suggested actions include pharmacies and their teams:

- Delivering more NHS Health Checks
- Providing services to tackle high blood pressure, such as providing opportunistic blood pressure checks and pulse rhythm checks for their patients and clients
- Making pharmacies a key component of the local sexual health economy and encouraging pharmacies to participate in national and local sexual health and HIV prevention campaigns
- Promotion of healthy eating using the Eatwell Guide and promote weight management services
- Routinely discussing stopping smoking with people presenting prescriptions related to respiratory and cardiovascular illnesses
- Asking about physical activity and giving brief advice routinely into consultations
- Becoming upskilled so that they feel able to support people with their work aspirations
- Improving preconception health for women of child bearing age, by embedding opportunistic enquiries to encourage healthy choices before pregnancy to improve wellbeing and resilience and reduce risk factors related to pregnancy and infant health

Pharmacy: A Way Forward for Public Health



- In addition the <u>NHS Five Year Forward View</u> has recognised the key role of pharmacy, highlighting that there should be far greater use of pharmacists in prevention of ill health, support for healthy living, support to self-care for minor ailments and long term conditions, medication review in care homes, and as part of more integrated local care models.
- In addition to their medicines optimisation function examples of pharmacist's potential future role include:
 - promoting prevention and identifying patients who are at risk of developing long term conditions
 - managing people with long term conditions such as hypertension and diabetes
 - ensuring medicines are being used safely and appropriately
 - advice on healthy living and lifestyle
 - advising people who are eligible for NHS Health Checks and informing them of what it involves
 - signposting to public health services e.g. NHS Health Checks, Healthy Living Pharmacies
 - providing specialist knowledge on all public health programmes available to general public e.g. flu vaccines, child immunisations and smoking cessation

NHS Five Year Forward View



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- The Healthy Living Pharmacies (HLP) initiative encourages pharmacies to support health and wellbeing of residents.
- In January 2013, all community pharmacies in Lewisham were invited to apply to become a Quality Marked Healthy Living Pharmacy, which requires the following services to be delivered:
 - wellbeing and self-care including
 - active health promotion campaigns,
 - optimising medicines
 - other enhanced services
- Page 46 There are now 46 designated HLPs in Lewisham
- Successful Free Vitamin D provision through pharmacies is an example of HLP work in action and dramatically increased uptake

Healthy Living Pharmacies



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What is a Healthy Living Pharmacy?



Healthy Living Pharmacies



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- In July 2015 NHS England launched a pilot scheme to support pharmacists working in general practice with the aims of:
 - providing leadership to ensure all people get the best use out of their medicines
 - helping support the further integration of general practice with the wider healthcare teams
 - help improve patient care and safety
- Lewisham succeeded with its collaborative bid (LGT and CCG) to NHS England for wave 2 of clinical pharmacists in GP practices
- This work further extends the pathway for medicines support both within and across the local care organisations
- There are now 6 pharmacists in GP Practices, with more planned

Pharmacists in GP Practices



45



Consultation

Page 49

- A consultation was undertaken with both pharmacies and the public as part of this Needs Assessment
- Response from the public was predominantly positive, with the majority of respondents stating good proximity and ease of access, as well as obtaining advice on current or longer term health conditions
- Opening hours (weekends and evenings) were an area for
 potential improvement
- In terms of advice given by pharmacists sexual health was
- ⁸ very low, which is an area for expansion
- The most commonly identified additional services that the public would like to use were blood tests and vaccinations
- There was very good awareness of the Electronic Prescription Service

Consultation (For a full details of the Public Consultation, please see Appendix D, for the Providers Consultation see Appendix E. Please note there were 57 pharmacies in Lewisham when this survey was undertaken in 2017)



- The providers survey was completed by 52 of the 57 pharmacies (two have subsequently closed)
- It found good provision of wheelchair access, both to pharmacies and to a consultation area
- The majority of pharmacies are already providing both Advanced Services, with interest to provide more if commissioned to do so
- The majority of pharmacies stated they had appropriate training to deliver services
- Dementia Friends and Stoptober were the most commonly promoted Public Health Campaigns





- Visited 10 sample pharmacies distributed across four different localities in Lewisham
- Research took place from February to June 2016
- An online survey was available to encourage wider participation
- In total the consultation involved 128 respondents whose demographic profile was seen to be representative of the Lewisham population
- The aim of the research was to identify which areas of the service provision are successful and highlight services that are not fully used
- Overall the findings suggest that people who use pharmacies in the borough receive high quality service with overall satisfaction ranging from good to excellent rated by 94% of the respondents surveyed
- Prescription advice, relatively short waiting times for dispensing and efficient service were amongst the highest scored responses

Healthwatch Consultation - this additional consultation was undertaken in 2016 and has helped inform this PNA



Findings

- Many people (67%) have sought advice on a current or a long term condition issue at the pharmacy
- A quarter (25%) of respondents used additional services provided by the pharmacy with the highest number accessing smoking secession advice and a lower proportion using their pharmacy to obtain nutritional and physical exercise advice
- Almost a third of the respondents were collecting prescription for someone else which suggest a large number of carers including parents and people caring for someone frail, with a long standing illness or disability

<u>Becommendations</u>

- A higher profile given to the role of pharmacies in treating health problems and managing long term conditions
- Further promotion of the additional wellbeing services offered by pharmacies
- Increase display spaces for signposting services
- Increase awareness and understanding of safe medicine disposal

Healthwatch Consultation Findings and Recommendations



The PNA Stakeholder Group had the following representation:

- Local Medical Committee
- Public Health
- Clinical Commissioning Group
- Local Pharmacy Committee
- Lewisham Integrated Medicines Optimisation Service
- Healthwatch Lewisham

Stakeholder Group





Results on Statutory Consultation on Draft PNA

Page 55

- The statutory consultation period on the draft PNA ran over a 60 day period, finishing on the 20th February 2018
- 11 responses were received
- Responses ranged from pharmacy professionals, to medics, to members of the public

Statutory Consultation Response



- As set out in the legal requirements the following organisations/groups were consulted:
- Lambeth, Southwark and Lewisham Pharmaceutical Committee (LPC)
- Lewisham Medical Committee
- All Lewisham Pharmacies
- All Lewisham GP practices (only dispensing practices were legally required)
- Lewisham Clinical Commissioning Group
- Lewisham HealthWatch
- Lewisham and Greenwich NHS Trust
- South London and Maudsley NHS Trust (SLaM)
- ₩HS England
- The neighbouring Health & Wellbeing Boards of Greenwich, Southwark & Bromley
- Local Dental Committee
- Local Optical Committee

The consultation link was also publicised on the Lewisham Council consultation portal and the Lewisham JSNA Website

Who was consulted



Received From	Issue Raised	Action
Individual	There are no success criteria for all the activity.	To be considered going forward
Individual Page 58	Issues to be elaborated on: Greater involvement in sexual health - STI testing, pregnancy testing, condom provision, emergency contraception Specific role for minor illnesses Travel medicine Long term conditions - diabetes and hypertension, with ability to prescribe. Enhanced role in cardiovascular risk prevention More engagement in atrial fibrillation management - (almost) all anticoag should be community pharmacy led No mention of digital interface with other parts of healthcare system - this is essential - should be part of Connect Care Should be commissioned locally by CCG as GP's are Should align to neighbourhood care networks and to GP practices/ federation	To be considered going forward
Individual	Area of pre-conception strengthened, particularly in women with long-term conditions (physical and mental health) that may be regularly visiting pharmacists as well as lifestyle issues e.g. reaching a healthy weight prior to pregnancy/ smoking etc.	To be considered going forward

Summary of Responses to Statutory Consultation



Received From	Issue Raised	Action
Local Pharmacy Committee	Please mention that local Pharmacy services are not commissioned at scale and only in areas of need. If Commissioners identify a need to expand services in certain areas, the current network of pharmacies will be considered to provide the service. Also as the pharmacy landscape is changing rapidly supplementary statements for PNA will need to be issued as required.	To be considered going forward
Sheel Pharmacy Ladywell	Inaccuracies in services offered	Corrected
Local Integrated Pharmacy Services	No issues raised	-
Peracare Pharmacy	We are a community pharmacy serving our community for the last 35 plus years. We are open 6 days a week Monday to Saturday but would like to increase our supplementary hours to open on Sundays and increase our weekday opening hours, as well as take up any opportunity to provide services not currently offered or commissioned to us.	_
X-Pharm Ltd TA Touchwood Pharmacy	No issues raised	-

Summary of Responses to Statutory Consultation



Received From	Issue Raised	Action
NHS England	Various comments on formatting and clarification needed on the PNAs statements on necessary and other services	Formatting issues corrected and addition of specific slides with required statements (slide 38-39) added
Honor Oak Group Practice Page 6	The key thing I want to comment on is the provision of pharmacy services around Honor Oak HC. The most local pharmacist appears to provide a "bare minimum" service - only open in short slots morning and afternoon. There is reliance on proximity and no intention to provide a comprehensive service. The result is poor provision of services to the patients. In an age when all prescriptions are being encouraged to be electronic the local patients very often don't wish this because they never know if the local chemist is going to be open or not.	To be considered going forward
NHS Lewisham Clinical Commissioning Group	We feel that there should be better integration of community pharmacy with Lewisham Health and Care Partners and also agree with the statement that pharmacies have to play in the Accountable Care System and across the STP footprint	Executive Summary – Future Direction slide amended to reflect HWB work on Integrated Care and commitment to the Healthy Living Pharmacy initiative

Summary of Responses to Statutory Consultation





Future Provision of Pharmacy Services in Lewisham

- Along with many London boroughs, Lewisham is continuing to see its population rapidly grow and continue to diversify (see Appendix B)
- Pharmacy provision must ensure that this growing population can be served
- Different parts of the care system, particularly Primary Care need to work together to achieve this
- Transfer of care is also key, work needs to continue to ensure that patients receive the support of pharmacists as a workforce across care boundaries
- One Health Lewisham is the federation of all 40 General Practices within the London Borough of Lewisham, working collaboratively to ensure high quality, equitable, and sustainable primary care across Lewisham
- Pharmacies have a role to play in the Integrated Care System. Further provision of Advanced and Enhanced services could be crucial in supporting this

Future Provision



Avenues to achieve better outcomes:

- Planning data shows the majority of population growth is expected in the north of the borough, communication with relevant pharmacies will help understand if greater demand on services can be met
- Language facilities, as the borough continues to diversify (see Appendix B) further consideration regarding languages spoken by pharmacy staff and access to translation services would be beneficial
- The public consultation undertaken as part of this PNA concurs with the findings of the 2016 Lewisham HealthWatch Consultation that a higher profile should be given to the role of pharmacies in treating health problems and managing long term conditions





- Jayesh Patel, Lambeth, Southwark and Lewisham Pharmaceutical Committee
- Brian Coutinho, Lewisham Council
- Katherine Howes, LGT NHS Trust
- "Mike Hellier, Lewisham CCG
- Simon Parton, Lewisham Medical Committee
- Eileen White , Lewisham CCG
- Paul Aladenika Lewisham Council
- James Bravin Lewisham Council







Lewisham Pharmaceutical Needs Assessment 2018

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Appendix A – Policy and Governance

- The Health and Social Care Act 2012 gave responsibility for PNA preparation, consultation and maintenance to Health and Wellbeing Boards
- Previously Primary Care Trusts produced the PNA
- The previous PNA was compiled and then published in Spring 2015
- It must be updated every three years
- The Health and Wellbeing Board should maintain the PNA in response to changes in the availability of pharmaceutical services. This is either through revising the PNA or, where this is thought to be disproportionate, through the issue of a supplementary statement setting out the change(s)
- Where a supplementary statement refers to a consolidated application this must state that the removal a pharmacy does not create a gap
- The Health and Wellbeing Board must make the PNA, and any supplementary statements, available to NHSE and neighbouring HWBs

Who is responsible for the PNA



Regulations published in 2013 regulations state that a PNA must include a statement of the following:

- Necessary Services Current Provision: services currently being provided which are regarded to be "necessary to meet the need for pharmaceutical services in the area". This includes services provided in the borough as well as those in neighbouring boroughs.
- Necessary Services Gaps in Provision: services not currently being provided which are regarded by the HWB to be necessary "in order to meet a current need for pharmaceutical services".
- Other Relevant Services Current Provision: services provided which are not necessary to meet the need for pharmaceutical services in the area, but which nonetheless have "secured improvements or better access to pharmaceutical services".
- Improvements and Better Access Gaps in Provision: services not currently provided, but Which the HWB considers would "secure improvements, or better access to pharmaceutical Bervices" if provided.
- Other Services: any services provided or arranged by the local authority, NHS England, the CCG, an NHS trust or an NHS foundation trust which affects the need for pharmaceutical services in its area or where future provision would secure improvement, or better access to pharmaceutical services specified type, in its area.
- the PNA must include a map showing the premises where pharmaceutical services are provided
- detail how the assessment was carried out

Minimum requirements of the PNA



The PNA must be put out for consultation for a minimum of 60 days prior to its publication. The 2013 Regulations list those persons and organisations that the HWB must consult:

- Any relevant local pharmaceutical committee (LPC) for the HWB area
- Any local medical committee (LMC) for the HWB area
- Any persons on the pharmaceutical lists and any dispensing GP practices in the HWB area
- The local Clinical Commissioning Group
- Page Any local HealthWatch organisation for the HWB area, and any other patient,
- 68 consumer and community group, which in the opinion of the HWB has an interest in the provision of pharmaceutical services in its area
- Any NHS Trust or NHS Foundation Trust in the HWB area
- NHS England
- Any neighbouring Health and Wellbeing board

Who must be consulted on the PNA



Health and Wellbeing Boards were established under the Health and Social Care Act 2012 to act as a forum in which key leaders from the local health and care system could work together to improve the health and wellbeing of their local population.

In Lewisham the board is chaired by the directly elected Mayor Sir Steve Bullock The additional members of the board are:

- The Council's Executive Director for Community Services; ٠
- The Council's Executive Director for Children & Young People; •
- The Council's Director of Public Health: Page 69
- 1 representative of the Local Healthwatch Organisation for the area;
- 1 representative of the Lewisham Clinical Commissioning Group;
- The Director of Voluntary Action Lewisham and a further voluntary sector representative
- Chief Executive of a local Housing Association

The Health and Wellbeing Board



Health and Wellbeing Boards are also responsible for producing and monitoring a Health and Wellbeing Strategy. Lewisham produced a ten year strategy in 2013, which was refreshed in 2015. The nine priorities for Lewisham identified in the strategy are:

- achieving a healthy weight
- increasing the number of people who survive colorectal, breast and lung cancer for 1 and 5 years
- improving immunisation uptake
- reducing alcohol harm
 preventing the uptake
- \Re preventing the uptake of smoking among children and young people and
- 3 reducing the numbers of people smoking
- improving mental health and wellbeing
- improving sexual health
- delaying and reducing the need for long term care and support.
- reducing the number of emergency admissions for people with long-term conditions

The Health and Wellbeing Strategy



- Our Healthier South East London (OHSEL) is the NHS Sustainability and Transformation Plan (STP) for south east London, established in 2013
- The plan's remit is 'Improving health and care together' and aims to help people to lead healthier and longer lives, whilst improving access and quality of care
- Making the most efficient use of NHS funding
- For further details please see the plan summary
- Public Health England published a menu of preventative interventions for the STPs in November 2016, which outline evidence-based public health and preventative interventions that can help to improve the health of the population and reduce health and care services demand in the short to medium term. Within this, Pharmacy is highlighted specifically as playing a role in:
 - \square CVD secondary prevention
 - improving management of patients with high blood pressure
 - deliver effective brief advice on physical activity in clinical care
 - raise public awareness about reducing the risk of dementia
 - alcohol identification and brief advice

Our Healthier South East London Partnership





Lewisham Pharmaceutical Needs Assessment 2018

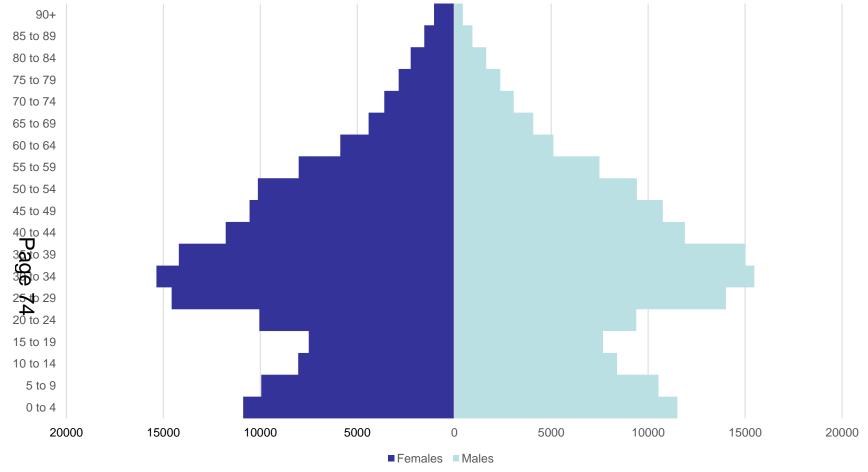
Page 72 **Appendix B - Lewisham The Place** Lewisham is the 13th largest borough in London by population size and the 5th largest in Inner London



Source: MYE 2016, Office for National Statistics

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Population by Gender and Five Year Age Band

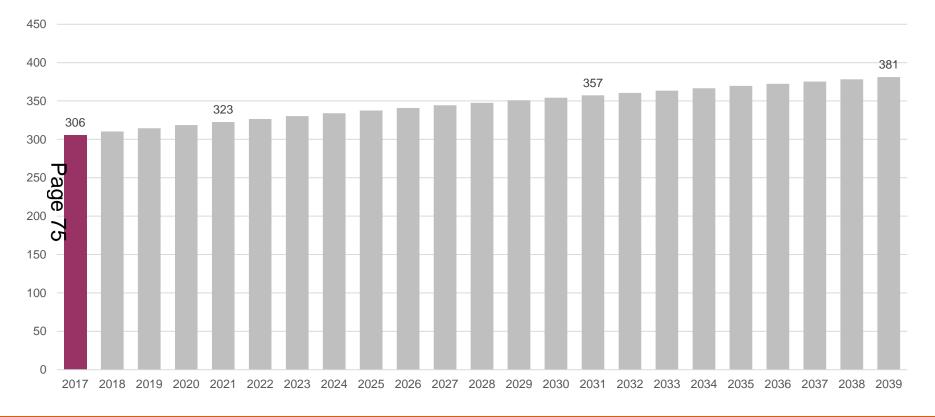


Source: GLA, 2017

Population by Age and Sex

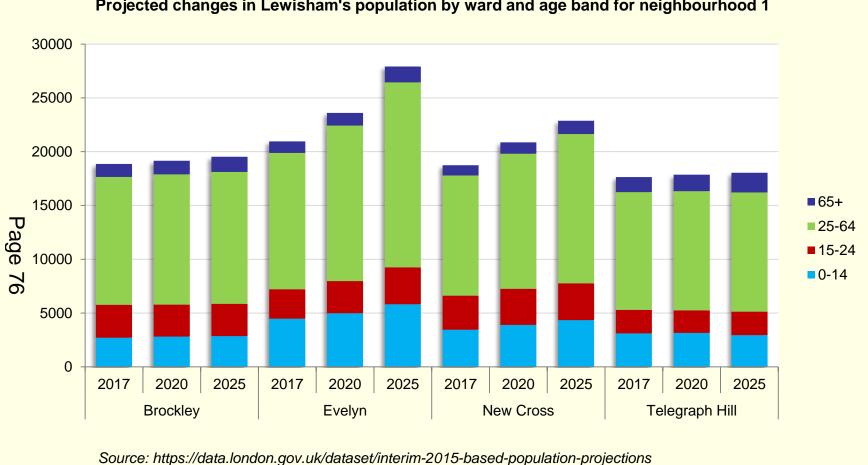


The population is set to continue to grow, by the time of the 2021 Census it will reach 323,000 and climb to 357,000 by the time of the 2031 Census.



Population Growth

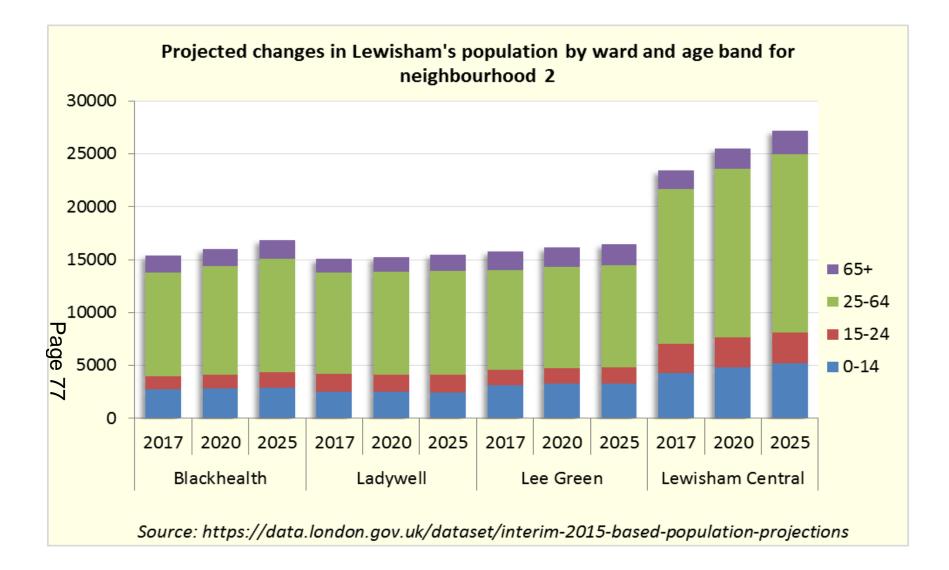




Projected changes in Lewisham's population by ward and age band for neighbourhood 1

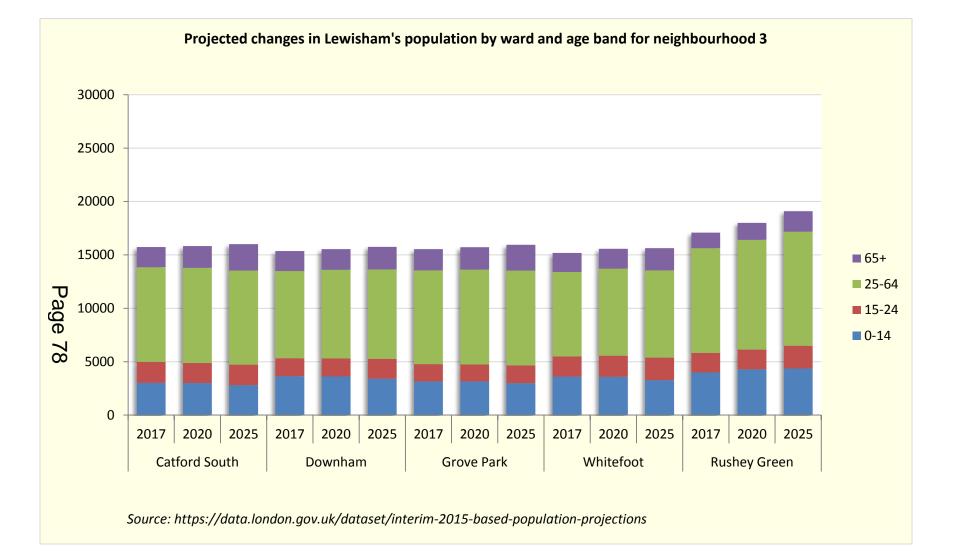
Population growth - Neighbourhood 1





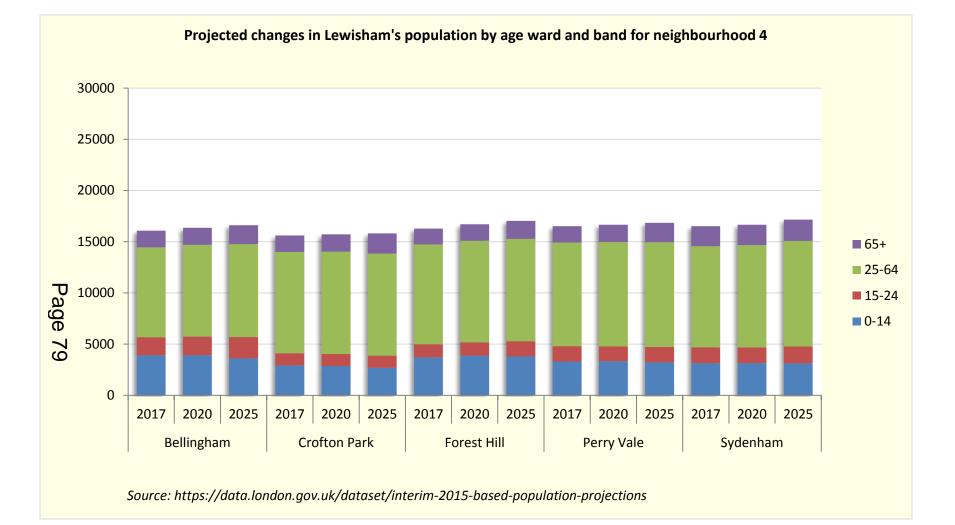
Population growth - Neighbourhood 2





Population Growth - Neighbourhood 3

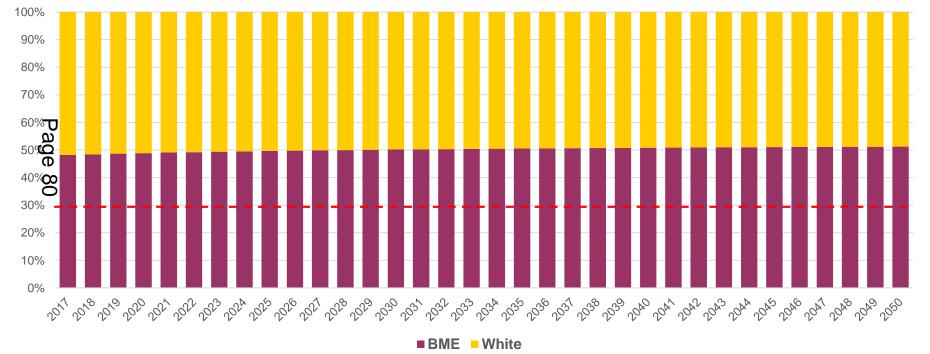




Population Growth - Neighbourhood 4



- The ethnic profile of Lewisham residents is forecast to change up to 2050.
- By 2028 it is forecast that the White and BME population will be equal.
- Subsequently the BME population is predicted to exceed the White population



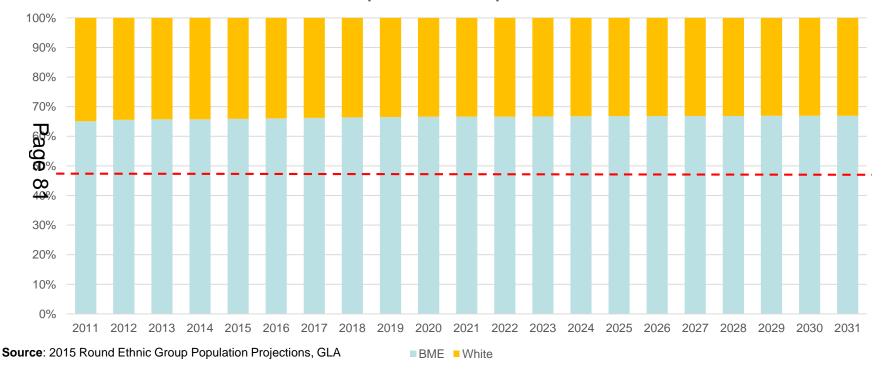
Lewisham population projections 2018-2050

Source: 2015 Round Ethnic Group Population Projections, GLA





However for young people the ethnic proportions are and will continue to be quite different the percentage of 0-19s of BME heritage has remained at or marginally above 65% since 2011. By 2031 the proportion of BME residents aged 0-19 is projected to reach 67%.



Ethnic Population Trends and Projections of Children and Young People 0-19 as a Proportion of the Population

Ethnicity of Young People

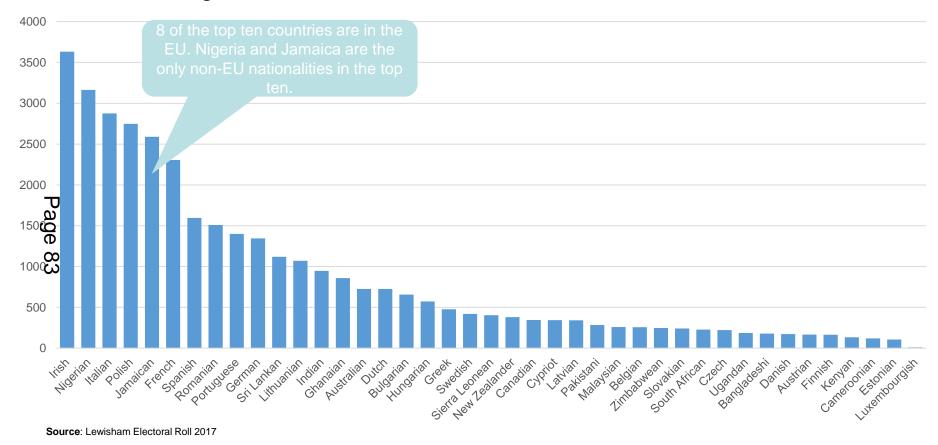


- Lewisham is home to residents of more than 75 nationalities from five continents
- Italian, Romanian, Spanish, Irish and Portuguese are the fastest growing non-British nationalities in Lewisham
- Nearly half of the 23,000 EU nationals resident in Lewisham are from just four EU nations: Ireland, Italy, Poland and France;
- As a share, the proportion of Lewisham residents who are White and those of BME heritage is expected to equalise by the end of the next decade;
- Between 2011 and 2031, the size of the population of BME children & young people 0-19 will grow at more than three times the rate of their White counterparts;
- The number of White and BME residents aged 65 plus is expected to increase by 2031. However, over the period, the rate of growth of BME over 65's is expected to increase by nearly threefold compared to 2011;
- By 2031, Other White residents, are projected to account for nearly three in ten of all White residents up from two in 10 in 2011 (the fastest growing subset of White residents);
- As a share of the BME population, the proportion of residents designated Black African and Black Caribbean is projected to decrease by 2031, whilst the proportion of those designated Other Black, Other Mixed and Other Ethnicity is projected to increase.





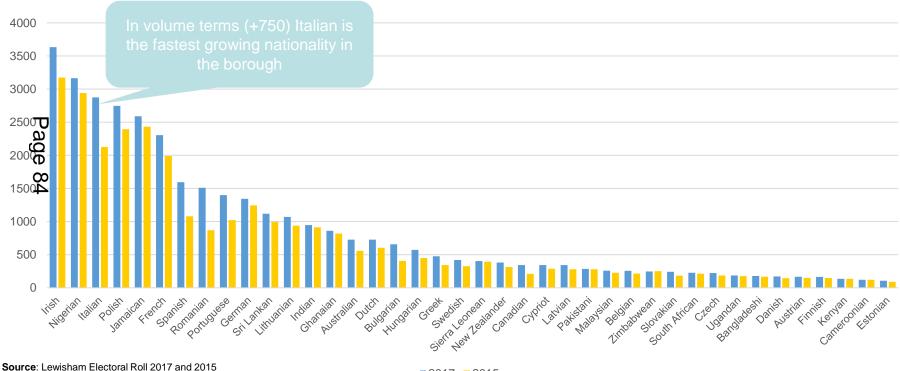
The chart below shows nationalities on Lewisham's Electoral Roll that are at or above triple digits. Aside from those who identify as British, the top ten most numerous nationalities are Irish, Nigerian, Italian, Polish, Jamaican, French, Spanish, Romanian, Portuguese and German.



Nationality



Between 2015 and 2017 the fastest growing nationality on Lewisham's Electoral Roll (by volume) was Italian (up 750 over the period), followed by Romanian (up 640), Irish (up 458) and Portuguese (up 378). Over the same period, Italian replaced Jamaican as the third most numerous non-British nationality, Polish is the fourth most numerous and Jamaican is now the fifth most numerous. Romanian has replaced Portuguese as the eighth most numerous non-British nationality and Portuguese has replaced German as the ninth most numerous non-British nationality in the borough.

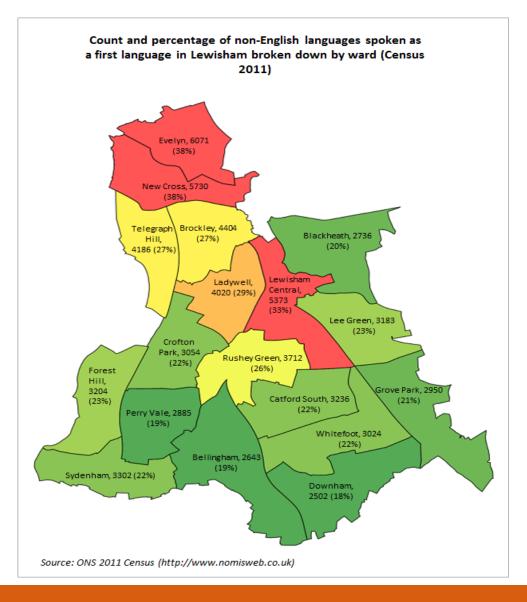


2017 2015





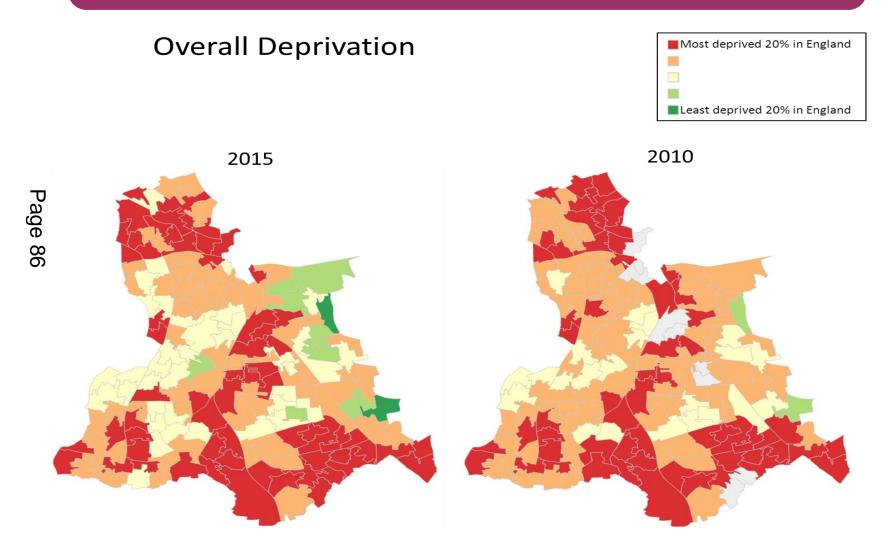
- Residents whose first language is not English are concentrated in the north of the borough as well as Lewisham Central ward.
- The School Language Census taken in
 Summer 2017, showed over 160 languages are spoken by Lewisham pupils

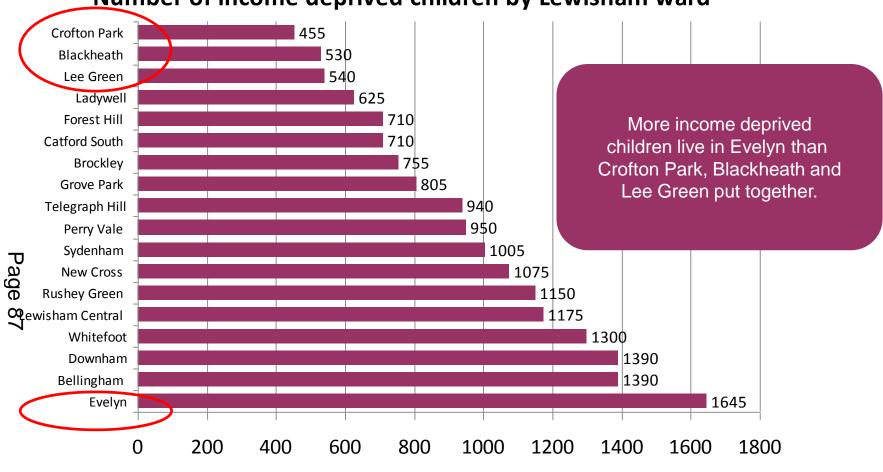






The map breaks down urban deprivation into lower geographies. It shows that whilst Lewisham was less deprived in 2015 compared to 2010, concentrations of deprivation in the north and south of the borough remain comparatively high.





Number of income deprived children by Lewisham ward

Source: Indices for Multiple Deprivation, 2015

Deprivation effecting children by ward



- 14.5% of residents are living with a long term condition (proxy measure for disability from the 2011 Census)
- 16 of the 119 (13.5%) of respondents to the public survey considered themselves to be a disabled person meaning this group can be seen as representative in terms of proportion
- The Quality and Outcomes Framework prevalence as measured by GP Practices for registered patients with a Learning Disability was 0.4%





- Data on sexual identity and sexual orientation is not robustly available at local authority level
- The Office for National Statistics now ask a question regarding sexual identity in their Annual Population Survey, which is widely used as the most reliable source
- In 2016, just over 1 million (2.0%) of the UK population aged 16 and over identified themselves as lesbian, gay or bisexual (LGB)
- The population aged 16 to 24 were the age group most likely to identify as LGB in 2016 (4.1%).
- More males (2.3%) than females (1.6%) identified themselves as LGB in 2016
- If the national figure is applied to the Lewisham population, this equates to just over 6,000 residents

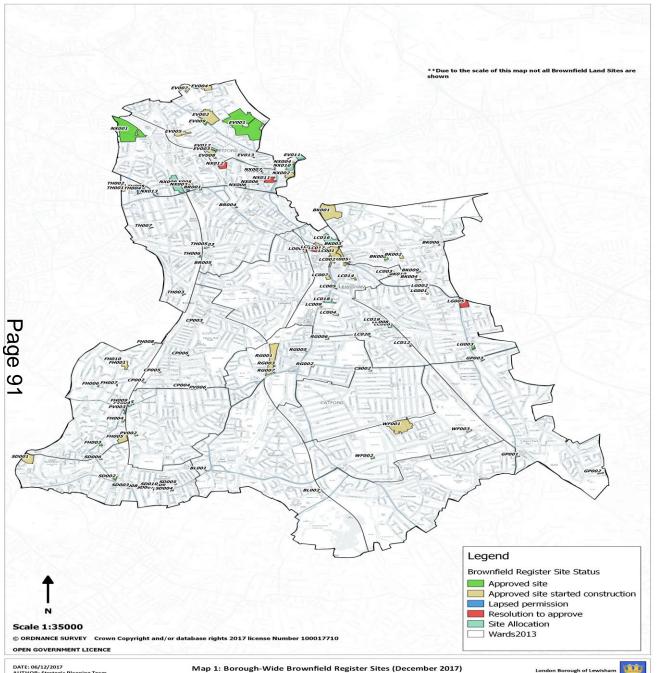


Sexual Identity

- The Lewisham Planning Service Annual Monitoring Report 2016-17 was published in December 2017.
- It states there is a resilient supply of housing land for the next 15 years, with a supply of
- $\frac{7}{8}$ 13,940 dwellings and 46% of the units being developed in the first five years.

Planning - Future Growth in the Borough



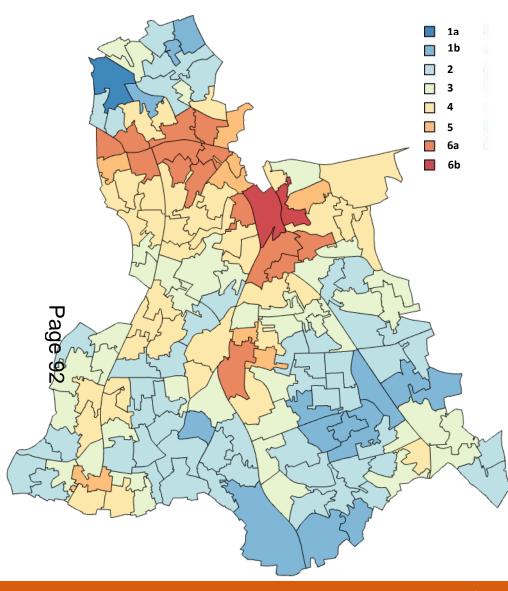


The majority of sites for development are in the northern half of the borough



AUTHOR: Strategic Planning Team

London Borough of Lewisha



PTAL is a measure of connectivity by public transport, which has been used in various planning processes in London for many years. For any selected place, PTAL suggests how well the place is connected to public transport services. It does not cover trips by car. PTAL values are simple. They range from zero to six, where the highest value represents the best connectivity.

A location will have a higher PTAL if:

- It is at a short walking distance to the nearest stations or stops
- Waiting times at the nearest stations or stops are short
- More services pass at the nearest stations or stops
- There are major rail stations nearby
- Any combination of all the above.

Public Transport Access Levels (PTAL) - the map highlights which areas of the borough are more accessible or connected than others, which is important in terms of planning services. Thus we can see that broadly the north of the borough is better connected



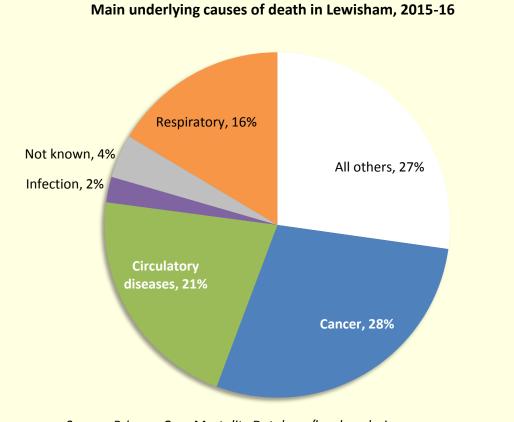


Lewisham Pharmaceutical Needs Assessment - 2018

Appendix C - The Health of Lewisham

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- Lewisham faces a number of challenges associated with identified health priority areas but health inequalities also exist within the borough
- The main cause of death in Lewisham is cancer, followed by respiratory disease and circulatory disease
- Lewisham's Black and Minority Ethnic communities are also at greater risk from health conditions such as diabetes, hypertension and stroke. Identifying those with disease early and treating them optimally is essential



Source: Primary Care Mortality Database/local analysis

The Health of Lewisham





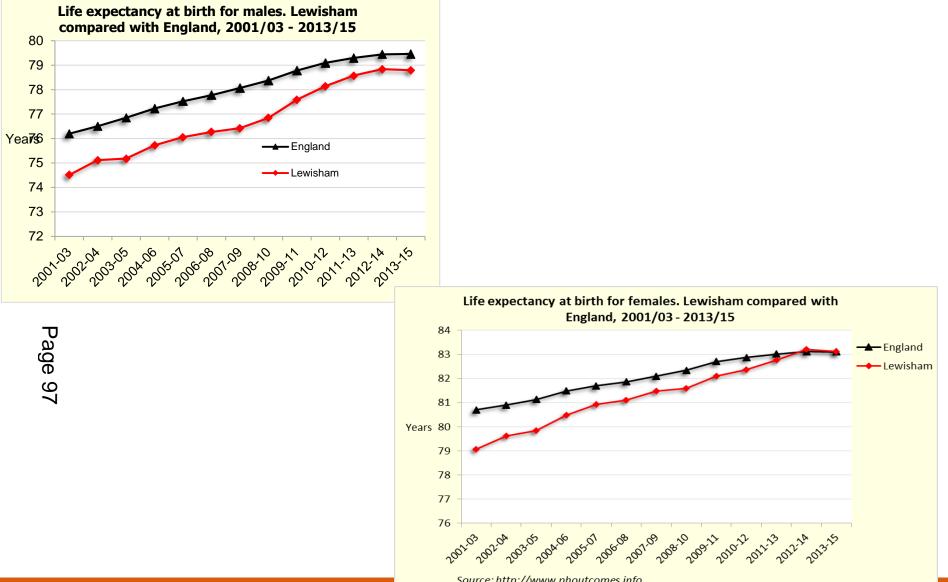
Overarching Health Indicators

Page 95

- Life expectancy has historically been lower in Lewisham than the national average
- This is still true for men, however female life expectancy is now in-line with England
- Inequalities within Lewisham are present, with
- life expectancy lower in the most deprived areas
- [®] of the borough compared to the least deprived
- For men it is 6.1 years lower, 5.1 years for women



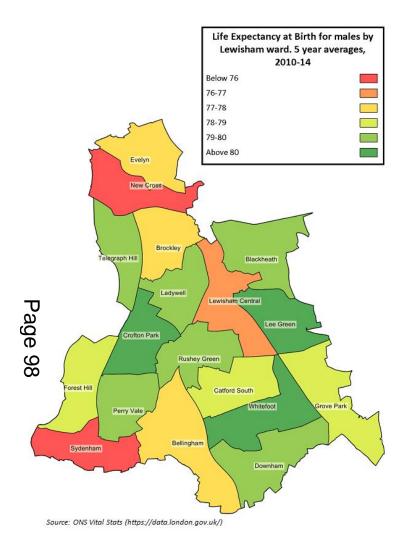


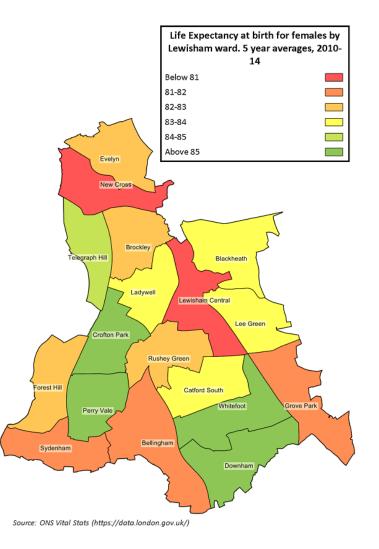


Source: http://www.phoutcomes.info

Life Expectancy - Charts

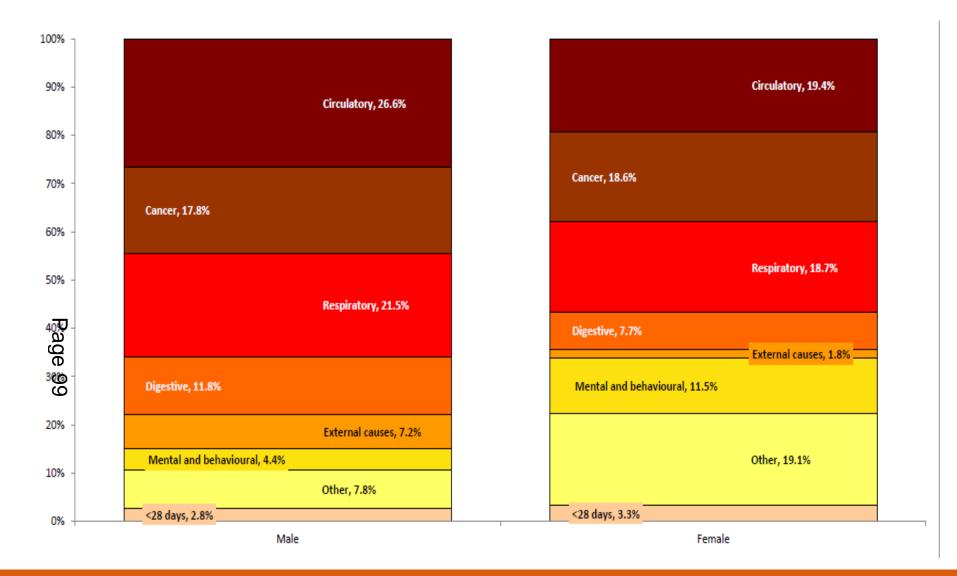






Map of Life Expectancy by Ward – variation is seen across the borough





Breakdown of the life expectancy gap between Lewisham's most deprived quintile and Lewisham's least deprived quintile by broad cause of death, 2012-2014 Despite cancer being the major cause of death in the borough, in terms of reducing inequalities circulatory disease is a greater contributor for both men and women



Health and Wellbeing Priority Strategies

Page 100

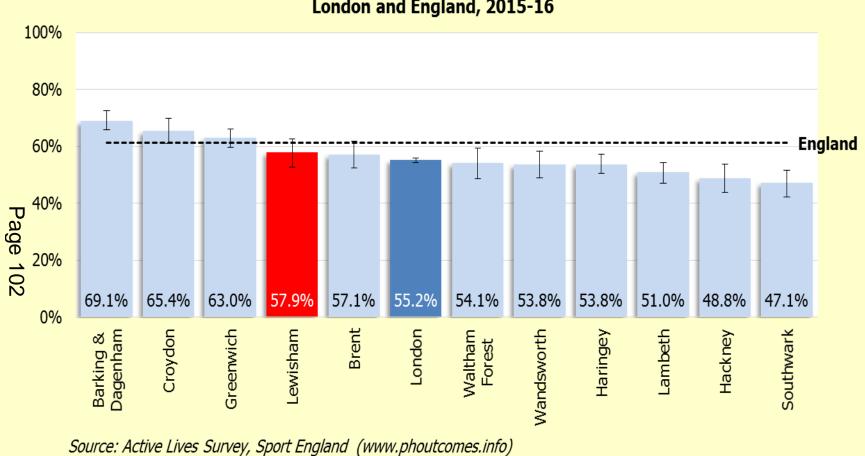
Lewisham has high levels of childhood and adult obesity. Prevention and early intervention are the key to tackling obesity. To achieve this involves working in partnership to minimise the impact of the obesogenic environment and supporting a healthier built environment that encourages healthier eating and being active. Actions also address tackling the weight issues of those who are already overweight or obese. Lewisham is a national pilot for the whole systems approach to obesity, working with Leeds Beckett University to understand what works to tackle obesity and share learning.

Rey indicators:

- 22% of children in Reception have excess weight (are overweight or obese)
- This rises to 39.0% for children in Year 6
- For adults the figure is 57.9%

Priority 1 - Achieving a Healthy Weight





Excess weight in Adults aged 18+ (%). Lewisham compared to its similar CCGs, London and England, 2015-16

Excess Weight in Adults

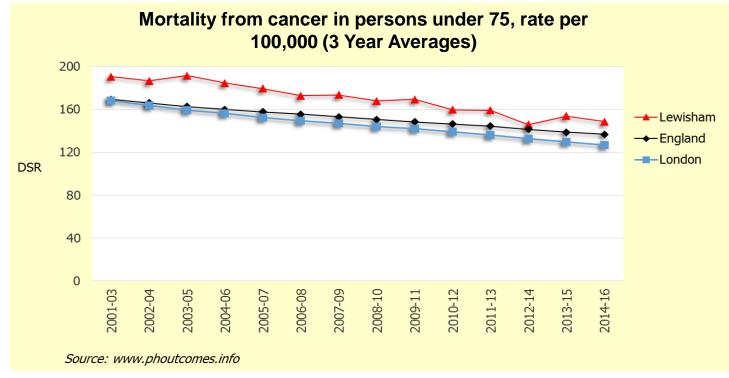


- Physical inactivity is the fourth largest cause of disease and disability in the UK (Murray et al. (2013))
- In Lewisham the proportion of adults (18+) classified as physically active is significantly better than London and England at 15.6%
- However Lewisham residents are less likely to use •
- outdoor space for exercise/health reasons than the Page 103
 - England average (13.2% compared to 17.9%)
- Over four in ten NHS Health Checks reveal that the patient is inactive to some extent (43%)

Physical Activity



- Over the past ten years premature mortality from cancer is decreasing in England, London and Lewisham. However premature mortality from cancer in Lewisham remains significantly higher than London, although the latest data indicates that the gap between Lewisham and the other areas is closing.
- In 2015/16, cancer was the main cause of death in Lewisham, accounting for 28% of all deaths.

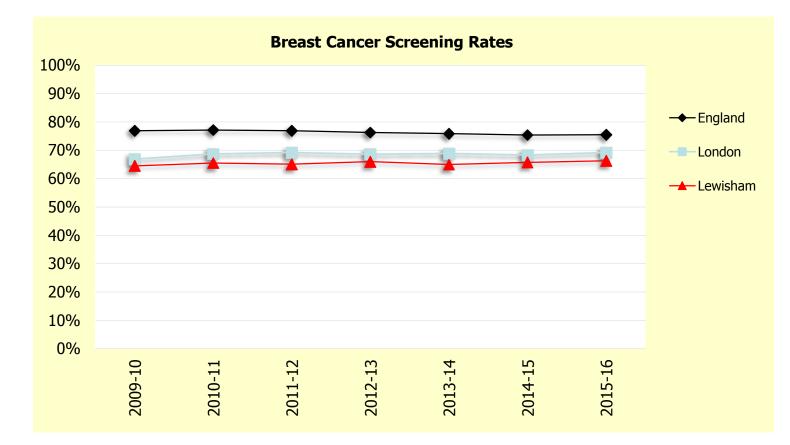


Priority 2 - Increasing the number of people who survive colorectal, breast and lung cancer for 1 and 5 years



Page 104

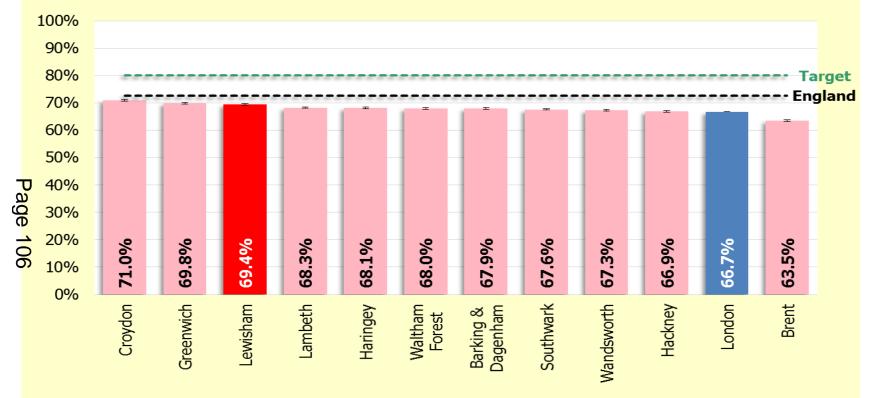
Despite the decline in cancer mortality, screening rates fall significantly below the national average





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Cervical screening: coverage of women aged 25-64 years screened adequately at least once in the last 3.5 (ages 25-49) or 5.5 (ages 50-64) years. Lewisham compared with its similar CCGs, London and England, 2015-16



Source: https://fingertips.phe.org.uk/profile/cancerservices

Cervical Cancer Screening





Bowel screening uptake (2.5 year coverage) in persons aged 60-74, 2015-16

Source: https://fingertips.phe.org.uk/profile/cancerservices

Bowel Cancer Screening



- Although improvements have been made, uptake for certain immunisations falls well below the desired level required for herd immunity
- Uptake also varies across GP practice and • Neighbourhoods
- HPV vaccine uptake is also significantly lower than ullet
- England
- Page₁₀₈ The Lewisham average for uptake for 65+ flu vaccine
- was 68% in January 2017, below the target of 75%
- For those under 65 but at risk the figure fell to 48% (again against a target of 75%)

Priority 3 - Improving Immunisation Uptake

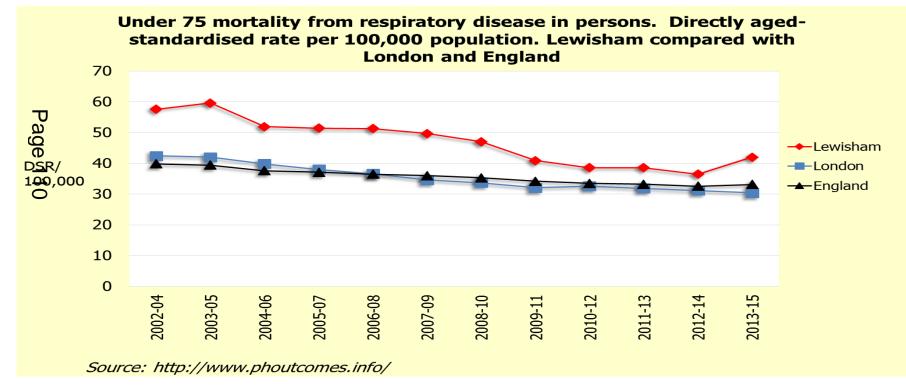


- Under 75 liver disease mortality continues to rise in Lewisham for males and is statistically higher than in England
- Alcohol related hospital admissions fall below the national average but are higher than in most of our comparator local authorities
- All those having NHS Health Checks are now being screened for alcohol, with 12% of those screened indicating excess alcohol intake
- Although only a small proportion of people with alcohol problems access specialist treatment services, the number has increased in the last few years

Priority 4 - Reducing Alcohol Harm



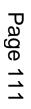
- More people smoke in Lewisham, compared to London and England
- Overall 1 in 5 people smoke, increasing to 1 in 4 who work in routine and manual
- Smoking attributable hospital admissions and mortality are statistically higher than in England and London

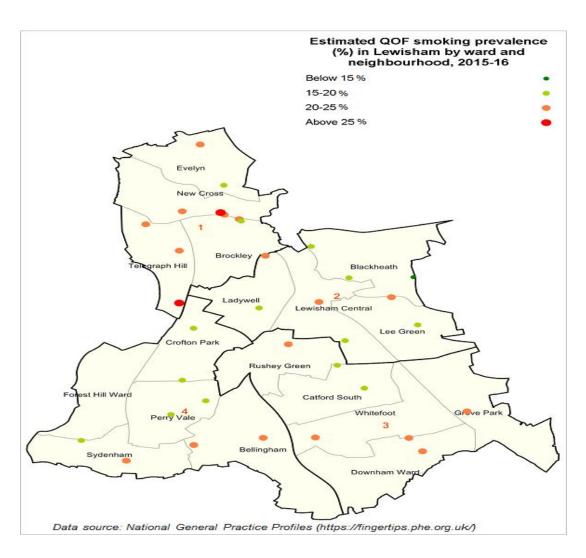


Priority 5 - Preventing the uptake of smoking among children and young people and reducing the numbers of people smoking



The map to the right plots prevalence of smoking as known to GP Practices. This information may help to decide where stop smoking services could be focused.





Smoking Prevalence by GP Practice



- There are significantly higher rates of serious mental illness in Lewisham (1.3%) compared to England (0.9%), although this rate is similar to those of our neighbouring boroughs
- The number of accepted referrals to the Lewisham Memory Some Lewisham Memory Service has remained steady
 - ₹ since the launch in 2011
 - The number of patients on the Lewisham GP Practice Dementia Register has increased year on year since 2007

Priority 6 - Improving Mental Health and Wellbeing

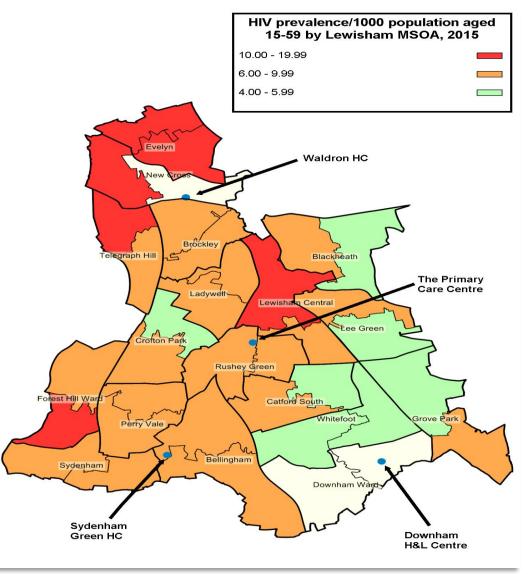


- The abortion rate in Lewisham is significantly higher than England and the 6th highest in London, Black Caribbean and Black African women are over represented
- The teenage conception rate has reduced notably and is now in line with the national average
 Chlamydia positivity rates remain high and are now higher than in all similar CCGs

Priority 7 - Improving Sexual Health

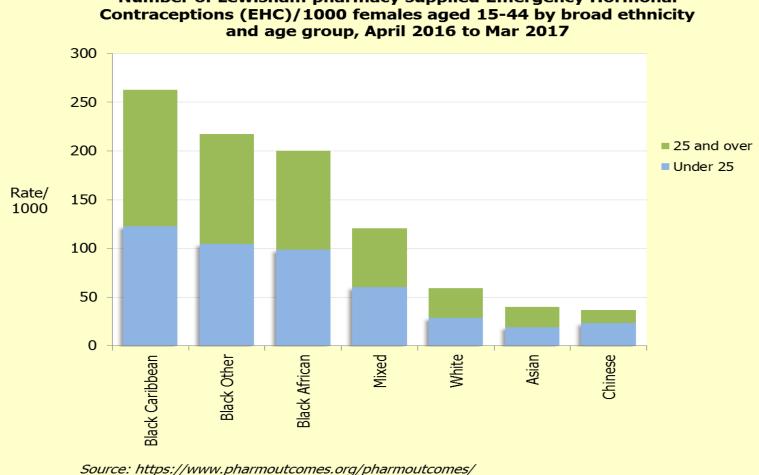


- HIV diagnosis is high compared to similar local authorities, as is the level of new diagnoses
- The proportion of people presenting at a late stage of HIV infection has improved for the last five years





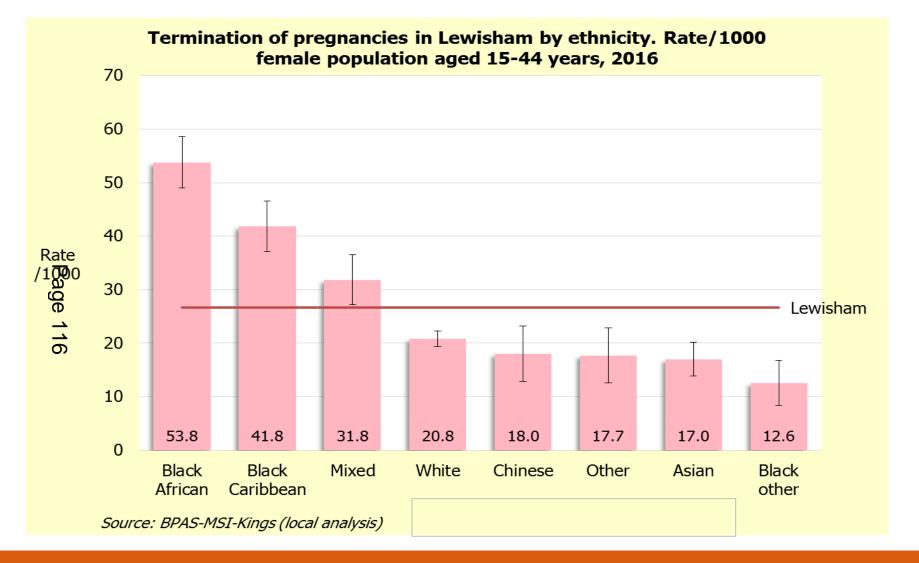




Number of Lewisham pharmacy supplied Emergency Hormonal

Emergency Hormonal Contraception





Abortions by ethnic group show a large over-representation of Black women



This was selected as a priority because:

- Research suggests the provision of intensive short term interventions (enablement), at times of crisis, can reduce the demand for institutional and long term care and improve outcomes for service users.
- In addition, evidence suggests that people's need for ongoing social care support is reduced by 60 per cent compared to those who used conventional home care provision.
- Over 60 per cent of people who receive enablement services required no more than six weeks of intervention and support. What do we want to achieve?

For any resident discharged from hospital and identified as needing health and social care support, to receive enablement services to regain their independent living skills.

Priority 8 - Delaying and reducing the need for long term care and support



A long-term condition (LTC) is a health problem that cannot be cured but can be controlled by medication or other therapies. Examples of long-term conditions are Chronic Obstructive Pulmonary Disease (COPD), diabetes, depression, dementia and arthritis.

This was chosen as a priority because

- Lewisham identifies less people than expected on all GP cardiovascular disease registers, and performs below the England average in identifying and managing cardiovascular disease (coronary heart disease, stroke and transient ischaemic attack, hypertension, heart failure and atrial fibrillation) in primary care.
- COPD is the third leading cause of disease burden in Lewisham. Only 40% of expected cases in Lewisham are recorded on GP registers.

Priority 9 - Reducing the number of emergency admissions for people with long-term conditions



What do we want to achieve?

- The systematic identification, diagnosis and risk profiling of COPD, diabetes and cardiovascular disease to be implemented across all GP practices.
- All patients to be managed within care pathways that meet NICE quality standards.
- The majority of patients with LTCs to be actively engaged in self care, and to have good co-ordination of all aspects of their Page 19 care by a key worker.
 - Patients to be effectively managed in the community.
 - Lewisham to have amongst the lowest rate of admissions for LTCs in England, and premature mortality rates below the age of 75 years for Lewisham residents to be amongst the lowest in the country.

Priority 9 - Reducing the number of emergency admissions for people with long-term conditions

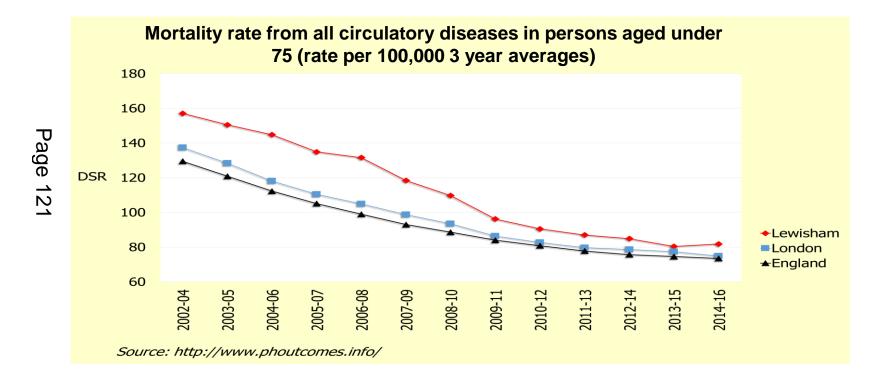




Overarching Health Areas

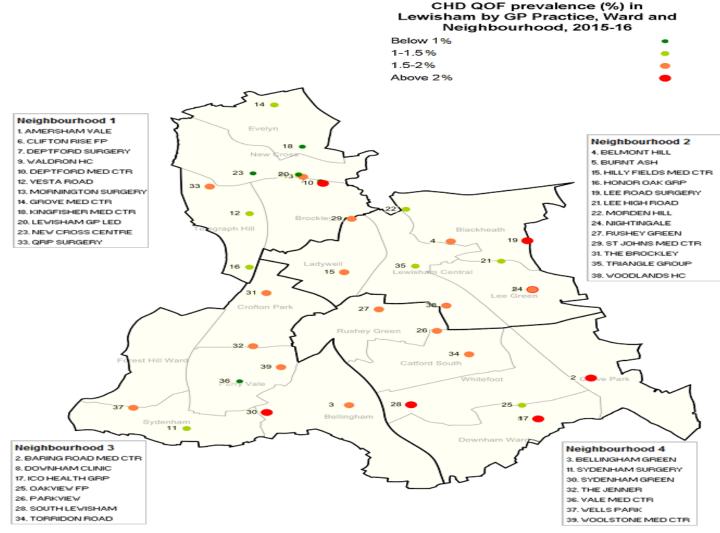
Under 75 mortality from cardiovascular disease is declining in Lewisham and is similar to the national average.

The CCG has commissioned One Health Lewisham (OHL) to improve the prevalence and management for people with diabetes and hypertension. This includes ensuring the establishment of risk registers, thresholds for Hba1c and blood pressure and referral to the National Diabetes Prevention Programme for people with pre-diabetes and DESMOND for those who are newly diagnosed.



Cardiovascular Disease



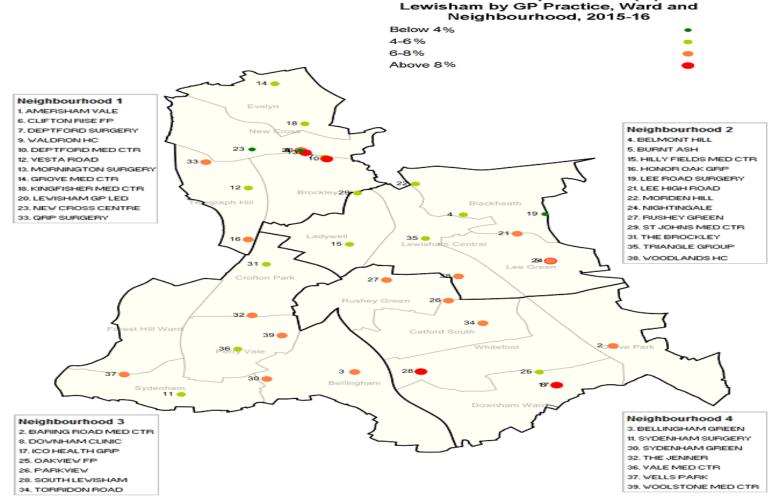


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Source: https://fingertips.phe.org.uk/profile/general-practice/

Prevalence of Coronary Heart Disease by GP Practice



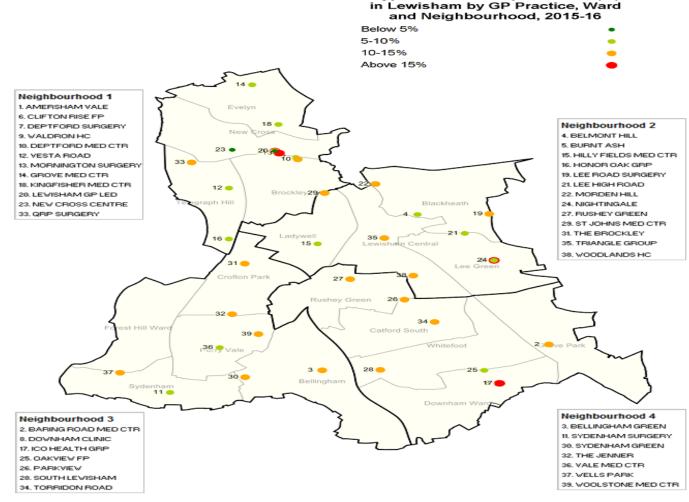


Diabetes QOF prevalence (%) in

Source: https://fingertips.phe.org.uk/profile/general-practice/

Prevalence of Diabetes by GP Practice



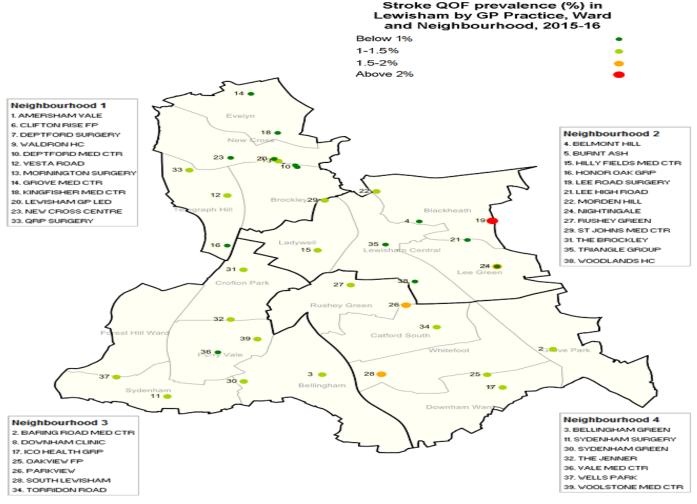


Hypertension QOF prevalence (%)

Source: https://fingertips.phe.org.uk/profile/general-practice/

Prevalence of Hypertension by GP Practice





Source: https://fingertips.phe.org.uk/profile/general-practice/

Prevalence of Stroke by GP Practice



- Provided in 16 Lewisham pharmacies
- The Lewisham NHS Health Check programme is now in its second 5 year cycle and some residents are now receiving their 2nd invite
- The numbers of health checks delivered and uptake is steadily improving

NHS Health Checks





Lewisham Pharmaceutical Needs Assessment - 2018

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Appendix D – Public Consultation

The consultation was conducted primarily online, with an additional five paper copies sent to every pharmacy and GP practice in the borough. The survey was open to respondents from the 1st September 2017 - 6th November 2017. A total of 119 responses were received.

- The questionnaire covered the following topics:
 - Use of pharmacy services
 - Access to pharmacy services
 - Types of services used
 - Opening hours
 - Dispensing
 - Accessibility
 - About you





- The majority of respondents were residents of the borough (82%). Of the five respondents who stated they did not use a Lewisham pharmacy, two stated it was due to opening hours.
- The vast majority of respondents (84%) stated they had a preferred pharmacy in Lewisham. Within this group, the most frequently cited response for doing so was proximity to where the respondent lived, followed by proximity to GP practice (45%) and convenient opening hours (29%).

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The majority of respondents (64%) attend a pharmacy once a month, with a further 19% attending once a week.

 Seven in ten respondents (70%) stated that they were most likely to consult a GP on a healthcare issue, however almost a quarter (22%) stated they would most likely consult a pharmacy.

Use of Pharmacy Services



- There was a positive response regarding ease of access to pharmacies in Lewisham, with over nine in ten respondents (93%) stated it was either very or quite easy to get to a pharmacy.
- Over six in ten respondents stated that it took them less than
 10 minutes to get to their preferred pharmacy. Walking was
 the dominant method for transport (83%).
 - ² Respondents were asked about all the services that they used within pharmacies. The most common response was prescriptions, however almost half (48%) of respondents stated they also used the pharmacy for advice or a consultation.

Access to Pharmacy Services



Full breakdown of services used by respondents

Service	%
Prescriptions	87%
Repeat Prescriptions	65%
Consultations/advice	48%
Specific support for a health condition	13%
Support with a medical appliance	6%
Vaccinations	23%
Buying Medicines	61%
Buying Other Goods	48%
NHS Health Checks	7%
Emergency Contraception	3%
Free Condoms (C Card Scheme)	0%
Healthy Start Vitamins	5%
Needle Exchange	1%
Other	2%

Q. Which services do you use at your preferred pharmacy?



When asked about specific advice the following responses were received. It is notable that sexual health falls some way behind the other advice areas which makes it an area for development with pharmacists.

Q. Have you ever been given advice about any of the following by the pharmacist or pharmacy staff?

Advice Area	%
Stopping smoking	14
Healthy eating	15
Physical exercise	17
Sexual health	4

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 $\frac{P}{3}$ Over six in ten respondents (64%) said that their preferred pharmacy provided advice on a current health problem or a longer term health condition either very or fairly well.

- Four in ten respondents (40%) thought their preferred pharmacy provided general advice on leading a healthier lifestyle either very or fairly well.
- Just under half (48%) of respondents thought their preferred pharmacy provided advice on health services or information available elsewhere either very or fairly well.
- 17 respondents gave examples of additional services that they felt were needed in pharmacies, within these responses blood tests and vaccinations were the most commonly mentioned.





 Respondents were asked when they used pharmacy services. Weekdays during standard hours was the most frequent, followed by Saturdays.

Time Slot	%
Monday-Friday before 9am	7
Monday-Friday between 9am and 6pm	77
Monday-Friday after 6pm	24
Saturday	50
Sunday	8

Page

Respondents were also asked outside of core opening hours (Monday-Friday, 9am-6pm), what other times they would find it useful to visit a pharmacy. The most popular response was at the weekend, (9am-6pm) and after 6pm during the week.

Use of Pharmacy - Opening Times



 Respondents were asked about access to pharmacies generally. The responses indicate that generally there is good access to pharmacies, however evening access could be improved.

	Agree to some extent	Disagree to some extent
I can easily find an open pharmacy when needed	69%	13%
I can easily find a pharmacy near where I want it	79%	10%
I can easily find a pharmacy open in the evening (i.e. after 6pm)	41%	40%
I can easily find a pharmacy open at the waskend	59%	19%

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- ⁶ The survey also asked 'If your preferred pharmacy was not open when you needed it, when did this occur?' Not all respondents said this question was relevant to them but of those who replied, the most common answer was Sunday (29%), followed by after 6pm on a week day (24%) and 21% on a bank holiday.
- Half of respondents stated there had been an occasion when they were not able to get a prescription dispensed. Of these respondents the most commonly cited reason was the pharmacy being out of stock.

Access to Pharmacies



<u>Privacy</u>

Over half of respondents (54%) considered there was enough privacy at their preferred pharmacy, however a quarter (25%) stated that they did not know.

Electronic Prescription Service

Almost eight in ten respondents (79%) were aware of the Electronic Prescription Service.

Language

No respondent stated a main language other than English.







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Appendix E - Providers Consultation

Lewisham Pharmacy contractors were invited to complete a questionnaire as part of the PNA consultation. The survey was conducted online, with the link being publicised through Pharma Outcomes. 57* pharmacy contractors were invited to take part. 52 pharmacies responded to the providers' survey, which was open from the 4th September 2017 - 12th November 2017.

The questionnaire covered the following topics:

- Premises details
- **Opening Hours**
- Consultation facilities
- IT Facilities
- Healthy Living Pharmacies
- Services
- Page 1 Access to Facilities
- $\frac{\omega}{\omega}$ **Advanced Services**
 - Enhanced and Other Locally Commissioned Services
 - Non-Commissioned Services
 - Public Health Campaigns
 - Training

About the consultation

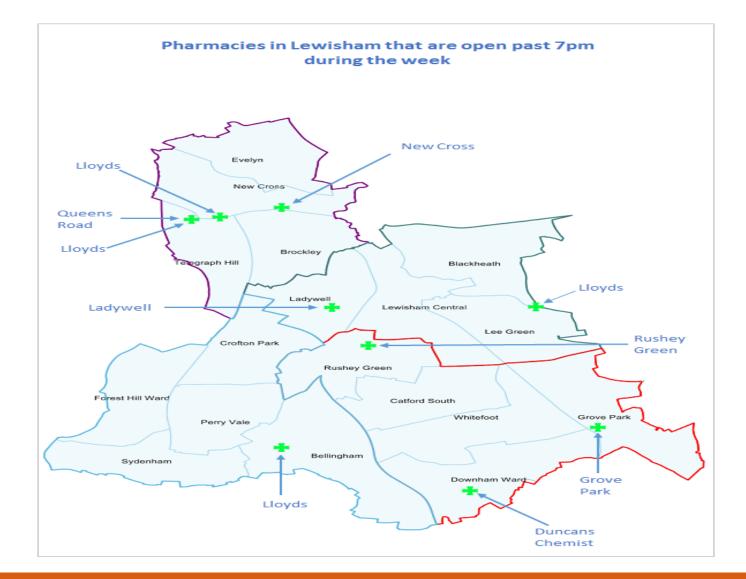
*Two Lewisham pharmacies have since closed



- The survey revealed there are three '100 Hour' pharmacies in the borough.
- These are located in Catford South (Neighbourhood) 3), Lee Green (Neighbourhood 2) and Telegraph Hill (Neighbourhood 1) wards
- 10 pharmacies are open on a Sunday •Page 138•
 - 10 pharmacies are open past 7pm during the week
 - There are no distance selling pharmacies (one that supplies by post) but there is one Dispensing Appliance Contractor, which cannot supply medicines

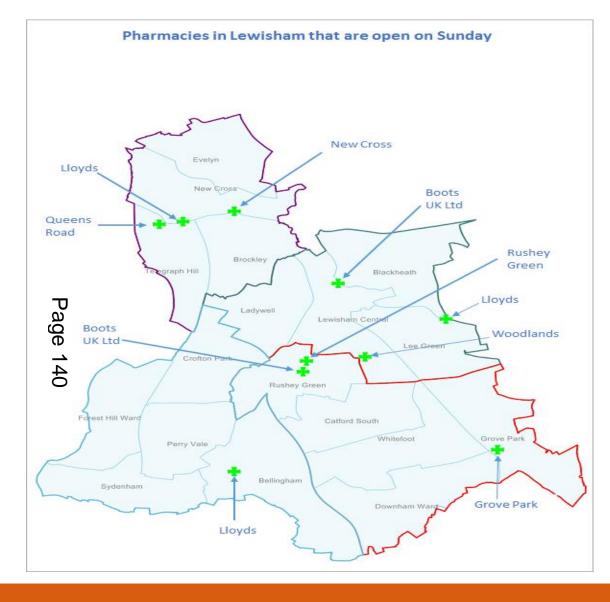
Pharmacy Details and Opening Hours





Pharmacies Open after 7pm on Weekdays





The south east and far south west of the borough have less choice of a Lewisham pharmacy which is open on a Sunday

Bank holiday opening hours sit with NHS England who assess for each Bank Holiday and arrange cover where required

Pharmacies Open on Sunday



- The vast majority (87%) of pharmacies have a wheelchair accessible consultation area that meets the criteria for the Medicines Review Service
- Although current access to an off-site consultation area was low, almost half (48%) of respondents stated they would be interested in this
- Over a third (37%) of respondents stated that they were already willing to undertake consultations in a patient's home, with a further 41% stating this is something they would be interested in doing

Consultation Facilities



IT Facility	Number of Pharmacies Using
Electronic Prescription Service Release 2	51
NHS Mail	52
NHS Summary Care Record	49
NHS Choice Entry	47

The majority of pharmacies utilise IT facilities to maximise patient experience





- 36 pharmacies responding to the survey stated they are Healthy Living Pharmacies
- A further 15 stated they are working towards achieving this status

Healthy Living Pharmacies



70% of pharmacies stated that they dispense appliances

Name of Advanced Service	Number of Pharmacies Providing	Number of Pharmacies Planning to Provide in the Willing to Provide
Medicines Review Service	51	0
New medicine service	51	0
Appliance review service	8	5
Stoma appliance customisation service	10	5
Flu Vaccine	47	2
NHS urgent medicine supply advanced service	27	12

Advanced Services Provision



Providers Survey: Q. Which Advanced Services does your Pharmacy provide or would be willing to provide?

Name of Enhanced Service	Number of Pharmacies Providing	Number of Pharmacies Willing to Provide
Anti-viral distribution service	-	48
Emergency Contraception	26	26
Needle Exchange	10	27
Supervised Administration Service	35	11
NHS Health Checks	16	33
Free Vitamin D Scheme	42	8
Condom demonstration and supply (Voluntary Service - not commissioned)	6	43
Chlamydia and Gonorrhoea Screening	2	44
Progesterone Only Pill	11	38

Advanced Service Provision -Lewisham Council Commissioned



Providers Survey: Q. Which Advanced Services does your Pharmacy provide or would be willing to provide?

Name of Enhanced Service	Number of Pharmacies Providing	Number of Pharmacies Willing to Provide
Pharmacy First (Minor Ailment Scheme)	39	12
Monitored Dosage System	55	-
Lewisham Integrated Madicines Optimisation Service (LIMOS)	10	32
Community anticoagulation service*	6	34

*privately run

Advanced Service Provision - NHS Commissioned



Most commonly spoken language by customers:

Language	Number of Responses
Hindi	12
Tamil	10
Polish	8
Chinese, Mandarin, Cantonese	10
French	7
Italian	7
Spanish	6
Urdu	6
Gujarati	5
Turkish	5

Most commonly spoken languages spoken by staff:

Language	Number of Responses
Hindi	18
Polish	6
Chinese, Mandarin, Cantonese	8
French	6
Italian	6
Spanish	6
Gujarati	16
Russian	8
Romanian	5

10 respondents stated they have accessed an interpreter.



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Q. Which Non-Commissioned Services do you provide?

Nan	ne of Service	Number of Pharmacies
Coll	ect prescriptions from GP practices	52
Deli	very of dispensed medicines - chargeable	10
Page	very of dispensed medicines - free of charge on request	46
148 148	very of dispensed medicines - selected patient groups	32
Deli	very of dispensed medicines - selected areas	31
Mor	itored dosage systems – chargeable	15
Mor	itored dosage systems – free on request	40

Non-Commissioned Services



44 (85%) pharmacies stated they felt they had appropriate access to training in order to deliver core contract pharmacy services.





Q. Which Public Health Campaigns will you support or actively promote over the next three years?

Name of Campaign	Number of Pharmacies
Dementia Friends	43
NHS Health Checks	32
Promotion of HIV Testing	22
Stoptober	40
Sugar Smart	31

Public Health Campaigns



Providers were asked about eligibility criteria for delivery of dispensed medicines: 'If you deliver dispensed medicines to selected patient groups, then please describe this selection criteria'

 The most frequently mentioned responses were patients who were elderly, housebound or g disabled.

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Delivery of Medicines





Lewisham Pharmaceutical Needs Assessment 2018 – 2021

Appendix F – How the assessment was carried out

- Information and data gathering
- Mapping of service provision
- Consultation with the public and pharmacies through surveys
- Multi-agency steering group of relevant •
- Page 153 stakeholders and partners
- Statutory 60 day consultation on the draft report

How the assessment was carried out



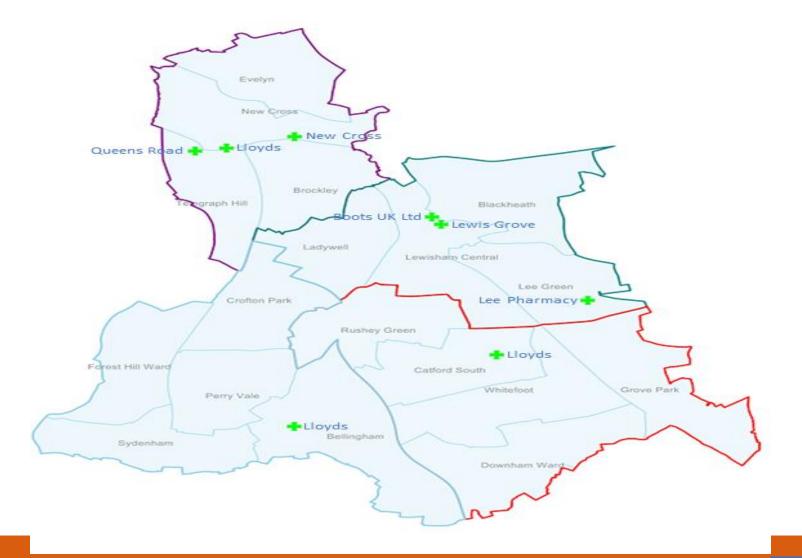


Lewisham Pharmaceutical Needs Assessment 2018 - 2021

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Appendix G - Mapping of Advanced and Enhanced Services

Advanced pharmacy services in Lewisham: appliance use review

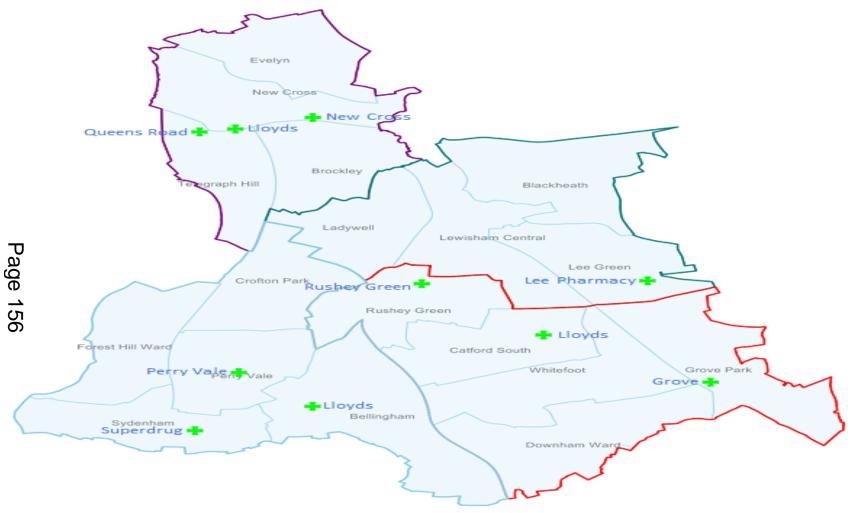


Appliance Reviews



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Advanced pharmacy services in Lewisham: stoma appliance customisation



Stoma Appliance Customisation



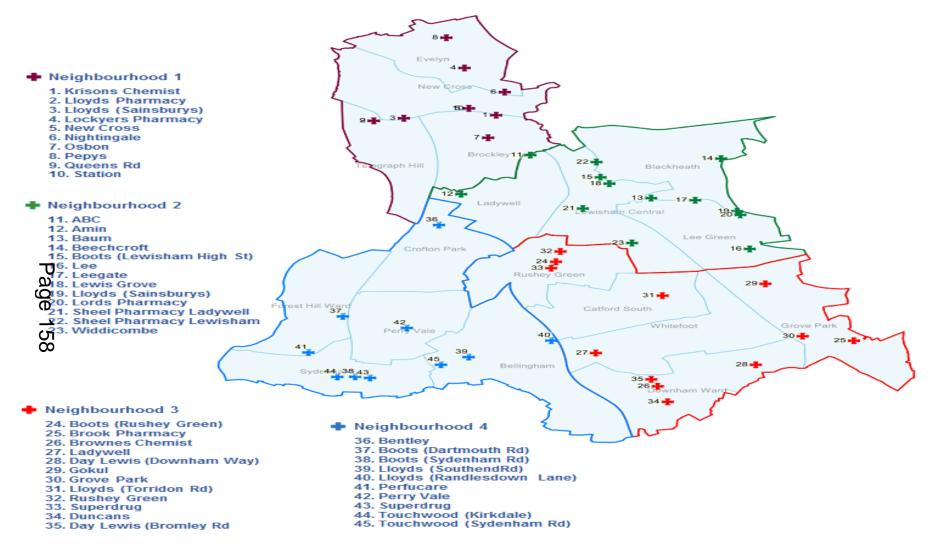
Advanced pharmacy services in Lewisham: urgent medicine supply



Urgent Medicine Supply



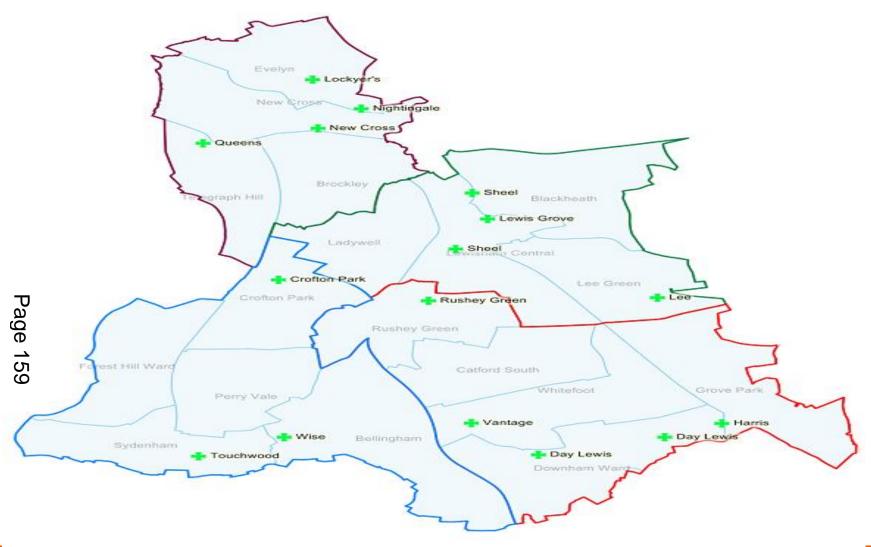
Advanced pharmacy services in Lewisham: flu vaccination



Flu Vaccine



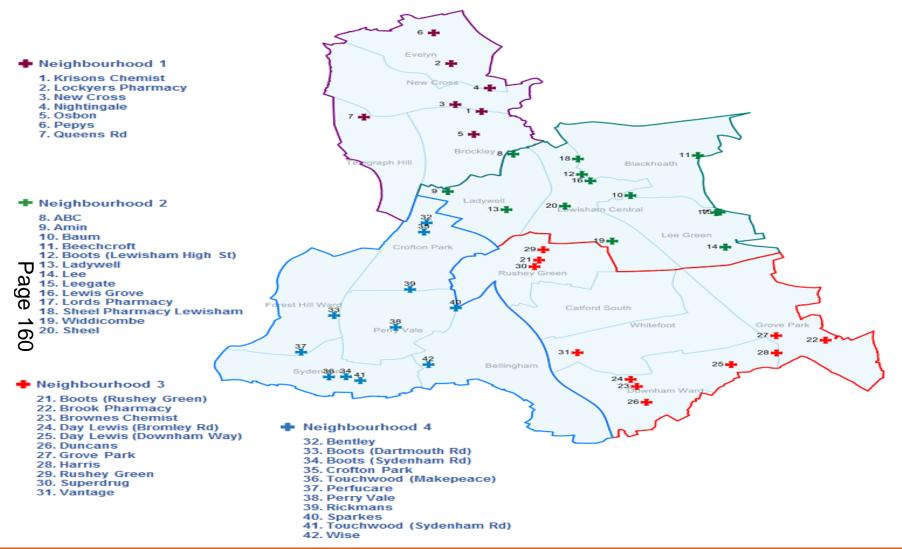
Enhanced pharmacy services in Lewisham: NHS Health Checks



NHS Health Checks



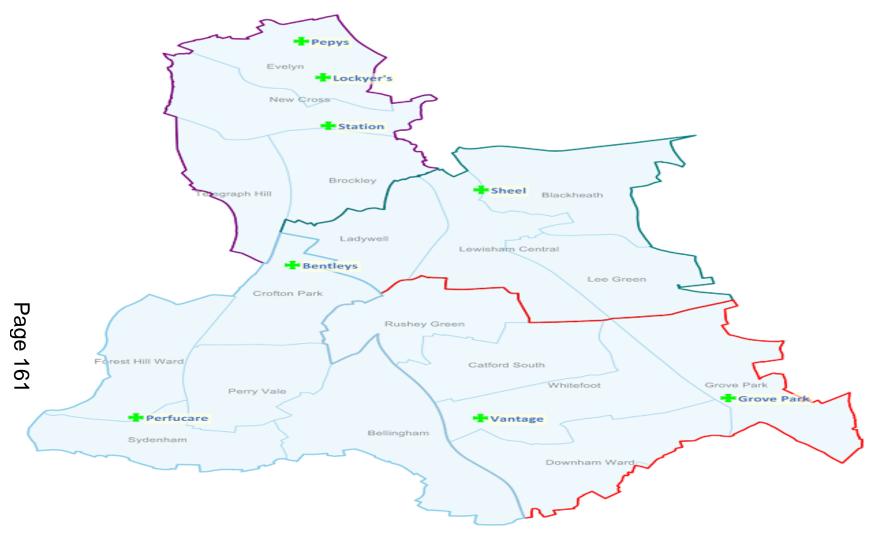
Enhanced pharmacy services in Lewisham: Vitamin D Distribution



Free Vitamin D



Enhanced pharmacy services in Lewisham: Needle Exchange





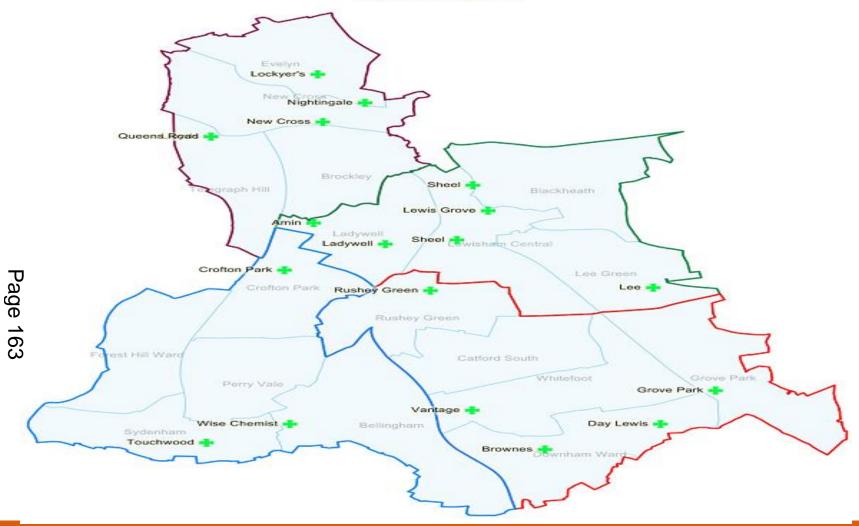




Supervised Methadone Consumption



Enhanced pharmacy services in Lewisham: Emergency Hormonal Contraception



Emergency Hormonal Contraception

